

# NUCLEUS ARTS NEWS


WINTER 2022 / 2023



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 @NucleusArts

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## OVERVIEW

Welcome to the Nucleus Arts Summer Newsletter, covering December 2022 and January and February 2023!

Read on to discover upcoming exhibitions, creative workshops, puzzles and more.



## CHRISTMAS CLOSURE DATES

The Nucleus Arts office will be closed from 24th December 2022 to 2nd January 2023. We will be back on Tuesday 3rd January.

All Cafe Nucleus sites will be closed on 25th December 2022, as well as from 2nd - 8th January 2023.



WINNER

HALPERN CHARITABLE FOUNDATION  
(NUCLEUS ARTS)  
Best Family Arts Activity Award



  
AWARDS

30 Stories  
Of Family  
Arts

## WE WON!

We are pleased to announce that we have won the Best Family Arts Activity Award in the Fantastic for Families Awards 2022, which celebrate outstanding opportunities created by the arts and culture sector for families and older audiences to access creative opportunities and enhance wellbeing!

Nucleus Arts won the award for Medway Fun Palace 2021, so we would like to say a big thank you to all who took part and joined us on the day!

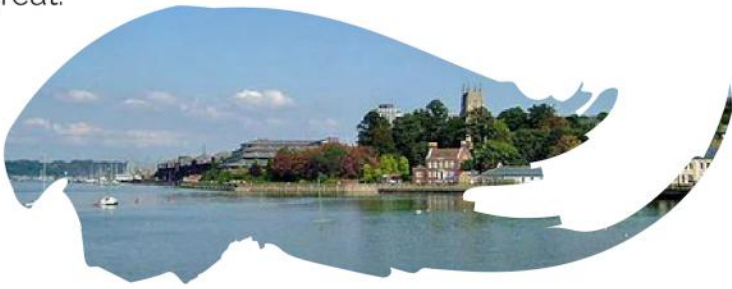
[nucleusarts.com/fantastic-for-families-award](https://nucleusarts.com/fantastic-for-families-award)

# NUCLEUS ARTS NEWS

## MEDWAY LIGHT NIGHTS IS COMING TO CHATHAM!

Nucleus Arts will be taking part in Medway Light Nights this year on Friday 10th and Saturday 11th February 2022, where we will be transforming the centre into The Magical Medway, inspired by the River!

Join us on a journey through the Medway as we explore the enchanted river that made Chatham great.



## The Magical Medway

Taking place at our art centre on Chatham High Street, you will enjoy an immersive experience of lights, sounds and theatre.

The gardens of Nucleus Arts will be transformed into a magical playground of nautical fun, all created by our talented resident artists and community groups. This includes our submarine, a silent disco, an exhibition by the Chatham Historical Dockyard, and maybe even a real Mermaid!



## KENT CREATIVE

### KENT CREATIVE MEET UP

**Tuesday 6th December - 10:30 - 12:30**

A simple get together for like-minded creatives and artists to chat, learn, discuss ideas and get support. Free event.

**GUEST SPEAKER: Philip Kane.**

Writer, storyteller and artist.

**Join us in the Meeting Point at our main centre for the next Kent Creative get together - booking is essential due to limited spaces!**

[www.cultureinkent.org](http://www.cultureinkent.org)



## DONATE TO NUCLEUS ARTS WITH AMAZON SMILE



Did you know that you can now donate to Nucleus Arts (Halpern Charitable Foundation) when shopping at Amazon?

Shopping with Amazon Smile donates 0.5% of your eligible purchase amount to your chosen charity — at no extra cost to you.

Amazon Smile has already donated £12,312,173.29 to UK charities so far, and you can now support the work we do by selecting The Halpern Charitable Foundation to donate to when you are next online shopping!

**To find out more, visit [smile.amazon.co.uk](http://smile.amazon.co.uk)**



# PHOTOS FROM MEDWAY FUN PALACE 2022



# OUR GALLERIES

# WINTER OPEN

# 02.12.22 - 23.12.22

HALPERN  
GALLERY

HALPERN GALLERY  
POP

## NUCLEUS ARTS WINTER OPEN

Following the success of our Summer Exhibition we bring you our Winter Open! The exhibition will run from 2nd to 23rd December 2022 at both the Halpern Gallery, Chatham and Halpern Pop, Rochester.

Private View with entertainment will be held at the Halpern Gallery, Chatham on **Thursday 8th December 2022, 5pm - 7pm.**

We look forward to seeing you there!

# OUR GALLERIES

COMING SOON IN 2023 ...

HALPERN  
GALLERY

HALPERN GALLERY  
POP

## UKRAINIAN QUILT PROJECT

5th - 16th January

An exhibition by Medway Help for Ukrainians.

## THE GREAT WINTER GET TOGETHER

26th January - 1st February

Inspired by the late Jo Cox MP and her message of unity, Great Get Together encourage people to come together in their communities.

## MEDWAY LIGHT NIGHTS

2nd - 15th February

Medway's free spectacular festival of light returns.

## ROSEMARIE FOAD

11th - 17th January

An exhibition featuring work by Rosemarie Foad.



@TheHalpernGallery / @TheHalpernPop



@thehalperngallery / @thehalpernpop

MORE EXHIBITIONS TO  
COME THROUGHOUT  
WINTER

Keep an eye on our  
website and social  
media for updates!

[www.nucleusarts.com](http://www.nucleusarts.com)

# OUR GALLERIES

MedwayArtBox

## REMEMBERING LOST LOVED ONES

Keep an eye out for a new project coming soon to MedwayArtBox, Rochester:

## Those Little Things...

A writing project collaborating with our community to remember those little things that made someone special.

More information coming soon and details on how to submit. Keep an eye on **@medwayartbox** on social media or get in touch **vanessa.crew@nucleusarts.co.uk** to find out more.

Located snugly between The Halpern Conservancy Building and the Guildhall Museum you will find MedwayArtBox: the smallest art gallery in Rochester. The repurposed red BT Telephone Box is a place for artists and the local community to display and share their work and take part in creative projects and installations. **@MedwayArtBox** on instagram, twitter & Facebook.

# COMMUNITY ENGAGEMENT



## SANTA CLAUS IS COMING TO TOWN! (CHATHAM, TO BE EXACT)

Santa will be joining us for a very special Mini Nucleus session - they'll be Christmas Crafts and festive treats, as well as an opportunity to meet Father Christmas and get your photo taken!

Limited spaces - so please book to avoid disappointment!

[nucleusarts.com/mininucleus](http://nucleusarts.com/mininucleus)



## JUMPSTART - CHRISTMAS WREATHS WITH RESIDENT ARTIST SHARON COOPER

7th December 2022 - 1.30 until 4pm. £30.00

Create your very own Christmas wreath at this fun and festive workshop! Join Resident Artist Sharon Cooper for this enjoyable session making a beautiful wreath for your front door. All festive foliage, dried fruits, ribbon and fir cones are included along with a cup of tea or coffee from Cafe Nucleus...

This workshop is for all ability levels and definitely one not to be missed!

[nucleusarts.com/jumpstart-booking](http://nucleusarts.com/jumpstart-booking)



# COMMUNITY ENGAGEMENT CONTINUED ...

## LAST SESSIONS BEFORE CHRISTMAS CLOSURE

Last sessions of the year for under 18s workshops are:

- Lego & Art Club - 5th December
- Teen Art - 13th December
- Digital Teen Art - 14th December
- Mini Nucleus (Grotto Special - £2 per family) - 15th December



Last sessions of the year for over 18s workshops are:

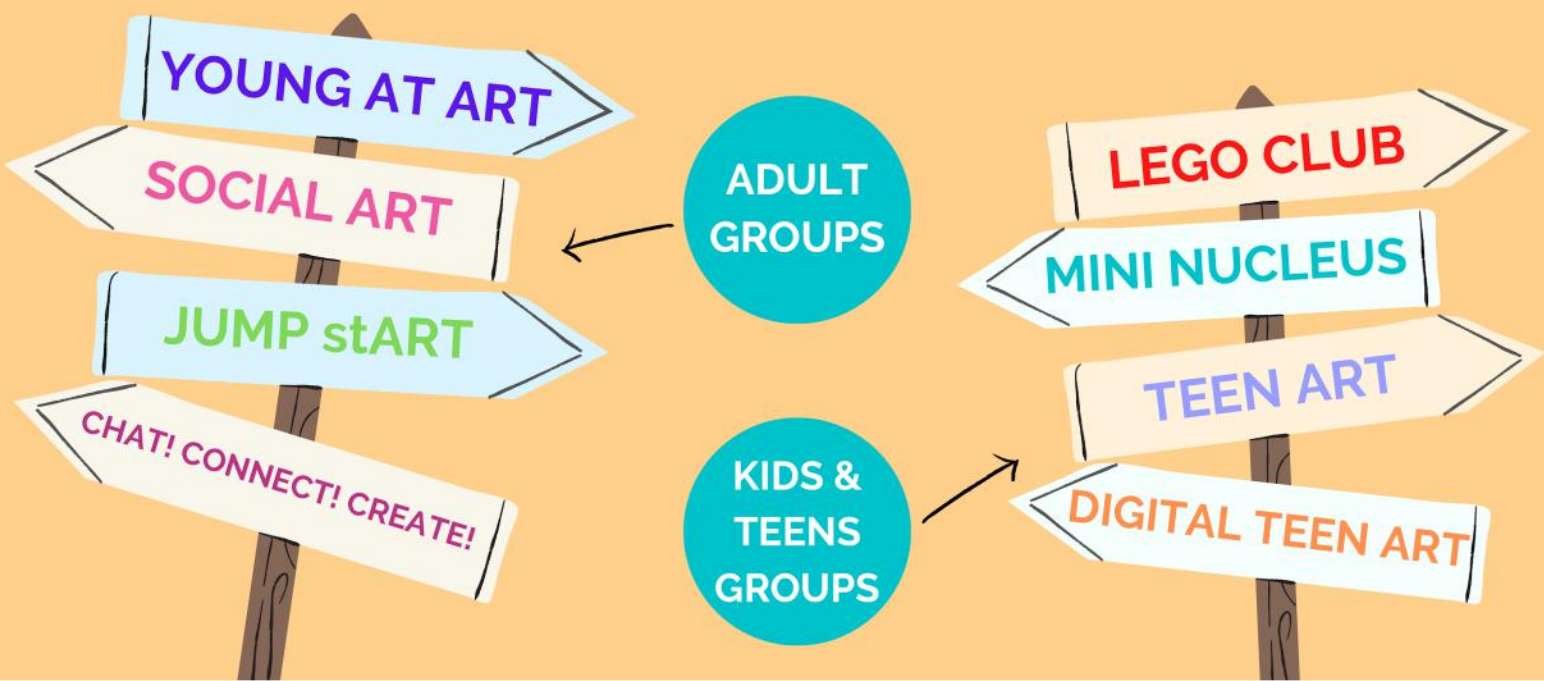
- jumpstART (wreath making with resident artist Sharon Cooper) - 7th December
- Young at Art (festive night lights with resident artist Tanya Outen) - 14th December
- Social Art (festive crafts and nibbles) - 15th December
- Chat! Connect! Create! - 16th December

Keep a look out for some exciting workshops coming in the new year!

## CHECK OUT ALL OUR REGULAR CREATIVE GROUPS!

Find out more and book your space at [nucleusarts.com/whats-on](http://nucleusarts.com/whats-on)

Please note that it is essential to book as we may not be able to accommodate drop ins.





# RESIDENT ARTIST NEWS

## EVENTS AND WORKSHOPS WITH CAROL SMITH

### Fort Luton Christmas Craft Fair

ME4 5XJ

3rd December 11am to 4pm

### UCA Rochester Winter Market

ME1 1DZ

8th December 11am to 3pm

### Affordable Art Fair

Riverside Gallery Sun Pier House, ME4 4HF

3rd to 17th December

### Winter Exhibition

Whitfield Gallery, CT163EH

25th November to 6th January

### Ideal Christmas Present!

A One-to-One clay session in my studio at The Nucleus Arts Centre, ME4 4BP

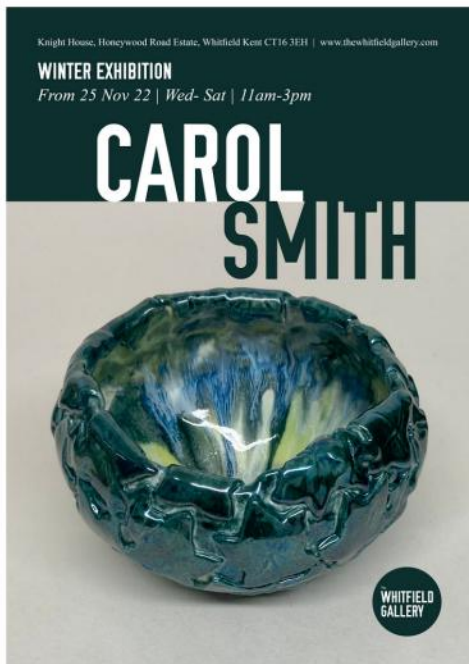
2hrs for £50. Includes materials and firing.

To book email [crsmithceramics@gmail.com](mailto:crsmithceramics@gmail.com)

### Hand Building with Clay Workshop

17th December 1:30 to 4pm

See next page for details



## EVENTS AND EXHIBITIONS WITH TANYA OUTEN

Looking for something sparkly this Winter? You can find Tanya and her new Christmas Collection of Resin Art Jewellery at the following places:

### Psychic Health and Beauty Fair with Cafe in the Calm

Longfield Academy, Main Road, Longfield, Kent DA3 7PH

Sunday December 4th, 10am until 4pm

### Rochester City Vintage & Artisan Market

Kings Head Car Park, High Street Rochester

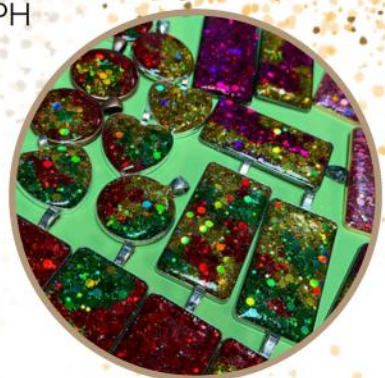
Saturday December 10th, 10am until 6pm

Sunday December 11th, 10am until 6pm

### Nucleus Arts Winter Open

The Halpern Gallery, Chatham and The Halpern Pop, Rochester

Friday 2nd - Friday 23rd December



# Hand Building With Clay Workshop

Saturday 17th December

1:30 to 4pm



**£40 per person**

Includes use of equipment, materials, and firing.

No previous experience required.

**To book email:** [crsmithceramics@gmail.com](mailto:crsmithceramics@gmail.com)

**Location:** The Workshop, The Nucleus Arts Centre

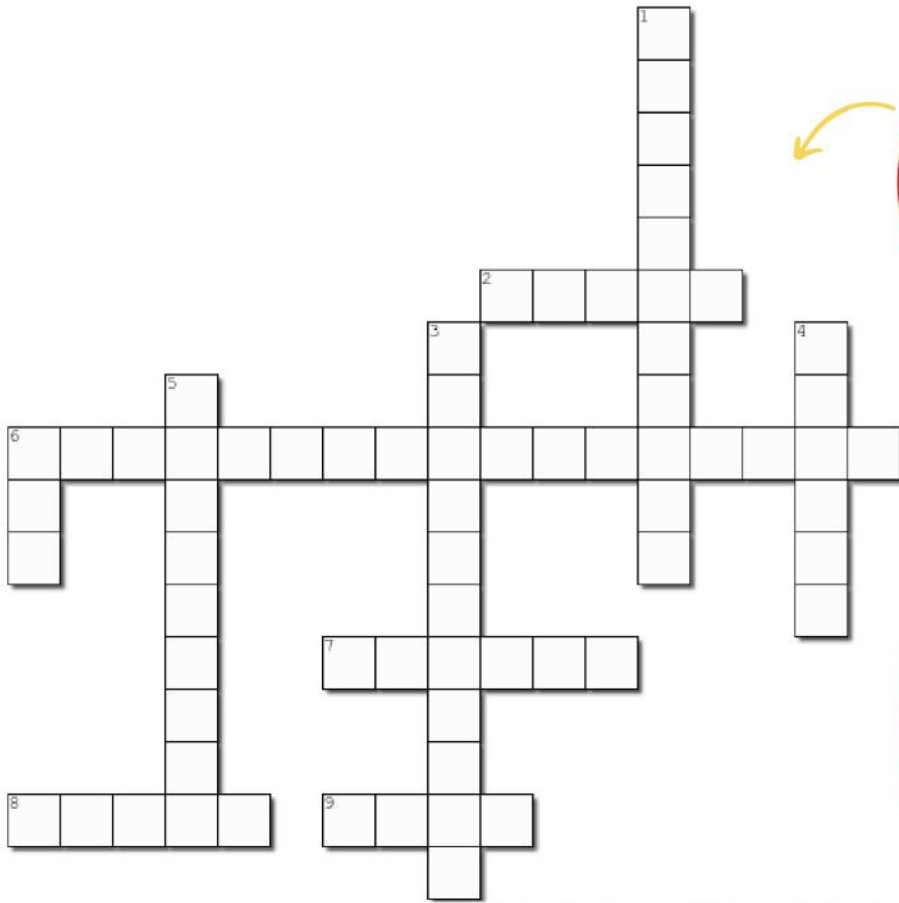
ME4 4BP

# WINTER COLOURING





# PUZZLES



General Knowledge



Riddle me this...

I can be round, white and shaped like a ball yet I cannot be dribbled or bounced at all.  
What am I?



Created using the Crossword Maker on TheTeachersCorner.

### Across

- 2. Which animal is the logo for luxury car maker Porsche?
- 6. Who was the first wife of Henry VIII?
- 7. Complete the film quote: 'Toto, I've a feeling we're not in \_\_\_\_\_ anymore.'
- 8. Which character is voiced by Tom Hanks in Toy Story?
- 9. Which singer was born Alecia Beth Moore

### Down

- 1. What is the capital of Argentina?
- 3. Jack Torrance, Carrie and John Coffey are all characters created by which author?
- 4. Melanie C is known as which Spice Girl?
- 5. Which English city is known as the Steel City?
- 6. What is a female elephant called?



## COUNTRIES BEGINNING WITH S



\_W\_D\_N  
S\_M\_A  
\_E\_C\_E\_L\_S  
S\_I\_A\_K\_  
\_W\_T\_E\_L\_N\_

\_P\_I\_  
S\_D\_N  
\_I\_G\_P\_R\_  
S\_U\_H\_F\_I\_A  
\_L\_V\_N\_A



# WORD SEARCH

## DISNEY ANIMALS

P	U	M	B	A	A	R	T	M	I	C	K	E	Y
A	L	A	N	I	N	V	D	I	D	M	I	R	K
N	A	N	A	I	O	T	D	P	T	K	N	A	C
P	T	P	A	B	D	U	M	B	O	E	A	A	R
C	E	E	A	O	D	U	C	N	E	L	A	D	Y
E	L	R	T	I	M	O	N	A	E	U	A	E	E
T	G	D	T	H	U	M	P	E	R	V	B	U	A
T	I	I	P	T	R	A	M	P	M	L	S	N	O
I	P	T	E	G	R	M	U	O	T	U	L	P	T
G	C	A	G	E	L	T	T	U	C	S	D	P	I
G	B	Y	A	U	T	P	P	A	S	C	A	L	S
E	B	P	S	A	B	D	U	C	H	E	S	S	N
R	G	E	U	T	O	A	D	P	N	U	T	S	L
S	E	E	S	T	O	D	D	V	R	E	R	N	S

SCUTTLE  
SVEN  
PASCAL  
DUMBO  
PUMBAA  
TRAMP  
TIGGER  
NANA  
TIMON  
TODD  
ABU  
PERDITA  
PLUTO  
THUMPER  
NALA  
MICKEY  
LADY  
PEGASUS  
DUCHESS  
PIGLET

Play this puzzle online at : <https://thewordsearch.com/puzzle/4251159/>





# PUZZLE ANSWERS



Riddle me this...

A Snowball

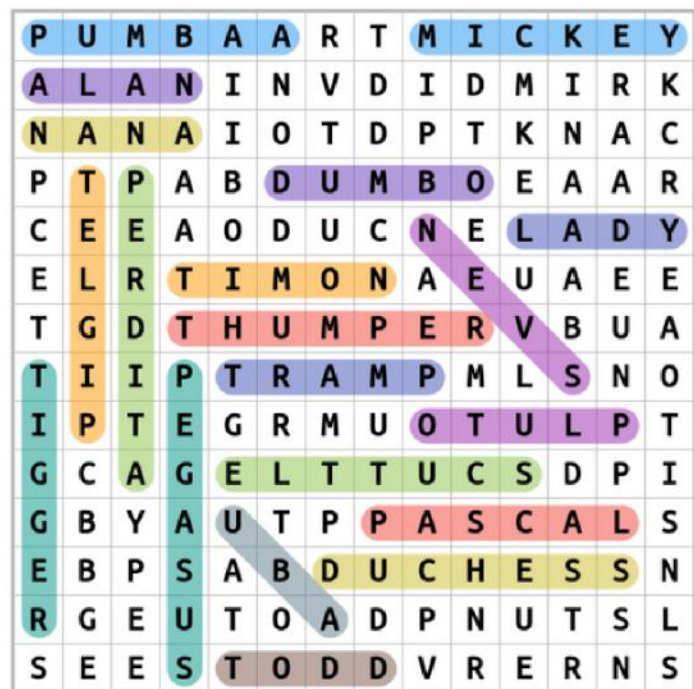
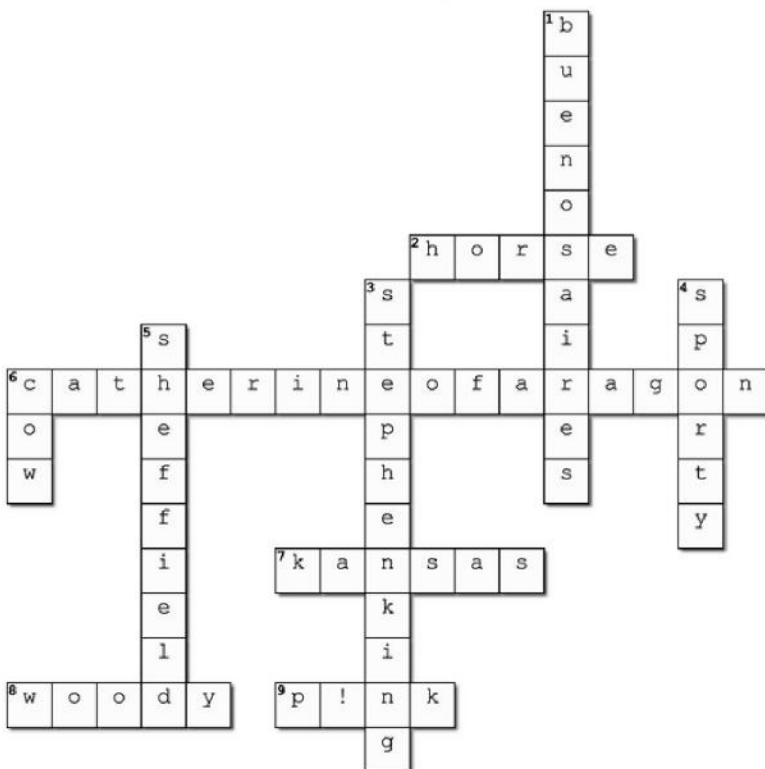


## COUNTRIES BEGINNING WITH S



SWEDEN  
 SAMOA  
 SEYCHELLES  
 SRI LANKA  
 SWITZERLAND

SPAIN  
 SUDAN  
 SINGAPORE  
 SOUTH AFRICA  
 SLOVENIA



ROCHESTER to CHATHAM

# ARTS TRAIL

A WALKING GUIDE TO GALLERIES

	Walking trail
	Pedestrians only
	Main Road
	Minor Road
	Buses Only
	Green Space
	River
	TIME/DISTANCE: 30 mins/1.5 miles

## GALLERY INFORMATION

### 1. THE HALPERN POP

at THE HALPERN CONSERVANCY BOARD BUILDING

15a High St, Rochester ME1 1PY

OPEN: Mon-Sun 10am-4pm

01634 812108 original@nucleusarts.co.uk

www.nucleusarts.com/halpern-pop

@thehalpernpop accessible • FREE entry

### 2. ROCHESTER ART GALLERY

at MEDWAY VISITOR INFORMATION CENTRE

95 High St, Rochester ME1 1LX

OPEN: Tues-Sat 10am-5pm

@rochesterartgallery accessible • FREE entry

### 3. STORE 104

104 High St, Rochester ME1 1JT

OPEN: Mon-Sat 10am-5pm, Sun 11am-4pm

01634 843881 hello@store104.co.uk

www.store104.co.uk

@store.104 • FREE entry

### 4. FRANCIS ILES GALLERIES

103 High St, Rochester ME1 1LX

OPEN: Mon-Sat 10am-5pm

01634 843222 gallery@francis-iles.com

www.francis-iles.com

@francis.iles.gallery • FREE entry

### 5. MEDWAY ADULT EDUCATION GALLERY

at JASPER'S COMMUNITY CAFÉ

Rochester Community Hub (above Rochester Library),  
High St, Rochester ME1 1EW. OPEN: Mon-Fri 9.30am-3.30pm

@medwayadulted accessible • FREE entry

### 6. INTRA

337-341 High St, Rochester ME1 1DA

OPEN: Windows gallery viewable 24 hours 7 days a week  
Occasional exhibitions inside by appointment.

01634 753299 intraarts@gmail.com www.intraarts.org

@intraarts @intra\_arts accessible • FREE entry

### 7. THE GALLERY at NAKED PRODUCTS Co.

388 High St, Rochester ME1 1DJ

OPEN: Sun-Mon 10am-4pm, Tues-Sat 10am-6pm

01634 786061 www.naked-products.co.uk

@nakedproductsco • FREE entry

### 8. THE RIVERSIDE GALLERY at SUN PIER HOUSE

Medway St, Chatham ME4 4HF

\*Closed for refurbishment - reopening in 2022\*

01634 401 549 info@sunpierhouse.co.uk

www.sunpierhouse.co.uk

@SunPierHouse • FREE entry

### 9. THE HALPERN GALLERY at NUCLEUS ARTS CENTRE

272 High St, Chatham, ME4 4BP

OPEN: Mon-Sat 10am-4pm

01634 812108 original@nucleusarts.co.uk

www.nucleusarts.com/halpern-chatham

@thehalperngallery accessible • FREE entry



# SUPPORT



## MENTAL HEALTH SUPPORT

The following websites provide information on how to look after your mental health. Scan the QR code to go to the website:



[nhs.uk/every-mind-matters](https://nhs.uk/every-mind-matters)



[mind.org.uk](https://mind.org.uk)



[kooth.com](https://kooth.com)



[youngminds.org.uk](https://youngminds.org.uk)



[medway.gov.uk/info/200231/mental\\_wellbeing/569/healthy\\_mind](https://medway.gov.uk/info/200231/mental_wellbeing/569/healthy_mind)



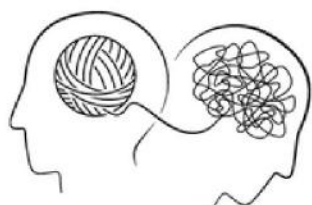
[porchlight.org.uk](https://porchlight.org.uk)



[thestreet-angels.org](https://thestreet-angels.org)



[megancic.org.uk](https://megancic.org.uk)



**Your mental health is a priority**







# SUPPORT



## LOCAL ORGANISATIONS PROVIDING MONEY MANAGEMENT & OTHER PRACTICAL HELP



### All Saints Community Project Trust

The Magpie Centre,  
Chatham  
Open: Mondays-Fridays  
10am-1pm

Support and advice with:  
·Applying for benefits  
·Completing forms  
·Foodbank vouchers  
·Practical crisis relief including emergency help with gas and electricity  
Call 01634 845419 to book an appointment.

Volunteer Run Café:  
Mondays-Fridays 10am-1.30pm

[allsaintscommunityproject.org.uk](http://allsaintscommunityproject.org.uk)

### Second Chance Medway (Food Aid)

105 High Street, Chatham  
Open: Mondays-Wednesdays 9.30am-3.30pm, Tuesdays, Thursdays and Fridays 11am-3.30pm

Fair share food, toiletries and cleaning products at affordable prices.  
Additional help with financial challenges available by appointment.  
T: 01634 408840

Email:  
[office@2ndchancemedway.org](mailto:office@2ndchancemedway.org)

### Citizens Advice Medway

Kingsley House,  
Gillingham  
Open: Mondays-Thursdays  
9am-8pm.

Information and guidance on:  
·Money Advice & Debt Management  
·Medway Foodbank Advice  
·Benefits Calculator  
·Budgeting support  
·Outgoings tips  
·Energy Advice  
·Pro Bono Solicitors  
·Form Filling  
·Veterans' Housing Advice  
·Online self help  
Call 01634 838760

[medwayadvice.org.uk](http://medwayadvice.org.uk)

### Medway Council (Housing)

Kingsley House,  
Gillingham  
Open: Mondays-Thursdays 8.30am-5.15pm and Fridays 8.30am-4.45pm

A service providing information about housing options in Medway. This service is by appointment only.  
Call 01634 333600 to make an appointment.

[medway.gov.uk/housing](http://medway.gov.uk/housing)

### Christians Against Poverty (CAP)

A freephone helpline Tel:  
0800 328 0006  
Open Mondays-Fridays  
9am-5pm.

Advice and support with:  
·Debt  
·Budgeting skills  
·Jobs  
·Lifeskills

These services are also offered by CAP at various churches throughout the nation

[capuk.org](http://capuk.org)

### Green Doctors

Tel: 0800 233 5255  
Open Mondays-Fridays  
9am-5pm

Help for anyone concerned about gas and electricity bills who is on low income, has long term health condition, is disabled, over 65 or has a child under 5. It includes:  
·Accessing Warm Home Discounts  
·Applications for grants with energy or water debts  
·Prepayment meter support  
·Reducing energy bills  
·Switch energy providers  
·Warm Home Discounts

[south.greendoctors.org.uk](http://south.greendoctors.org.uk)

### The Salvation Army

Church Street, Chatham  
Tel: 01634 843689

A One Stop Hub on Wednesdays 10am-2pm providing support with:

- Benefits
  - CV writing
  - Employment
  - Cooking on a budget
  - Money management
- There is also access to:
- Bags of Hope (help with groceries – application forms available from the above address)
  - Clothing Bank
  - Medway Task Force (Fire, Police, Job Centre and Social Services)
  - Support with drug and alcohol issues
  - Sexual healthcare

The One Stop Hub also provides hot drinks and lunch

[chathamsa.org.uk/](http://chathamsa.org.uk/)