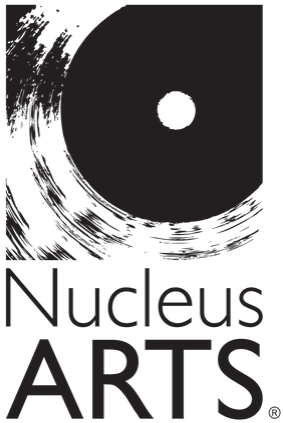




NUCLEUS ARTS NEWS

WINTER 2021



 @NucleusArts

 @nucleusarts

 @nucleusarts

OVERVIEW

Welcome to the Nucleus Arts Winter Newsletter, covering December 2021 and January, February 2022!

Please note, events mentioned may be postponed due to Covid-19 restrictions. You can keep up-to-date at www.gov.uk/coronavirus

NEWS

NUCLEUS ARTS CHRISTMAS CLOSURE

The Nucleus Arts office will be closed from 24th December 2021 to 3rd January 2022.

We will be back on site from 4th January 2022.

We would like to wish you all a very Merry Christmas, and we'll see you in the New Year!



CLOSED



No:
01634 812108
Email:
original@nucleusarts.co.uk
Website:
nucleusarts.com

CARDS FOR SALE

You can now purchase greeting cards designed and made by our talented resident artists!

Located in the Nucleus Arts Centre reception, 272 High St, Chatham.

ART

Popular exhibitions and events



ARTRABBIT

Both the Halpern Gallery and the Halpern Pop are now listed on ArtRabbit, which (as their website will tell you) provides a crowd-sourced database of contemporary art events!

Find out what's going on near you at artrabbit.com



NUCLEUS ARTS NEWS



MEDWAY ART BOX - HAIKU AND YOU

Do you know about MedwayArtBox? It's Rochester High Street's smallest art gallery, located in the BT phone box that sits snugly between The Guild Hall Museum and Nucleus Arts / Cafe Nucleus.

Would you like to be part of December's awesome art installation, One Hundred Haiku? It's a nod to the amazing work of artist Chiharu Shiota. Here's how you can get involved:

- Write an original haiku or copy one that you love on a postcard size piece of paper or card. Feel free to add your details like social media handles.
- Send it to the address below, starting from today through to 21st December. Before posting don't forget to take a photo and tag us so that we can repost and give you a shout-out in return.
- Or pop it in MedwayArtBox starting from 1st December through until 21st December. Don't forget to take a photo and tag us so that we can repost and give you a shout-out in return.
- Please tell your friends about MedwayArtBox and let them know they can get involved too.
- Remember you're brilliant!

Rachel // iPrintedThat, Nucleus Arts, Studio 7, 15a High Street, Rochester, Kent, ME1 1PY

What is a haiku?

Haiku is a form of Japanese poetry made of short, unrhymed lines that evoke natural imagery. Haiku can come in a variety of different formats of short verses, though the most common is a three-line poem with a 5-7-5 syllable pattern. Nature themes and imagery evoking a specific season are the traditional focus of haiku poetry. Haiku poems often feature juxtaposition of two images.

Definition taken from [masterclass.com](https://www.masterclass.com)



Examples and helpful tips to write your own can be found here:

www.masterclass.com/articles/how-to-write-a-haiku-in-4-easy-steps#what-is-the-traditional-haiku-structure

You can follow @medwayartbox on Instagram, Facebook and Twitter

CAFE NUCLEUS



GOING OUT OUT

Did you know Cafe Nucleus Rochester opens late every Friday & Saturday evening? Perfect for those pre-dinner drinks.

Join us for cocktails, champagne, Afternoon Tea, supper and drinks in the boardroom, café and winter garden.

Plan your visit at cafenucleus.co.uk



CAFE CHRISTMAS & NEW YEAR CLOSURES

All Cafe Nucleus sites will be closed on the following dates:

25th - 27th December 2021

1st - 3rd January 2022

17th to 20th January 2022.

We would like to wish you all a Merry Christmas and a Happy New Year.

XOXO

WARM THIS WINTER

Whatever the weather, we've got Alfresco dining covered at Cafe Nucleus, Chatham. With two covered courtyards which are dry, heated all year round!



FIND US:

Cafe Nucleus

Nucleus Arts Centre
272 High Street
Chatham
ME4 4BP

Cafe Nucleus Lounge

Nucleus Arts Hub
13 Military Road
Chatham
ME4 4JG

Cafe Nucleus Rochester

Halpern Conservancy
Board Building
15a High Street
Rochester
ME1 1PY

CONTACT US:

Call
01634 406971

Email
reservations@cafenucleus.co.uk

OUR GALLERIES

HALPERN
GALLERY



MORE EXHIBITIONS TO
COME THROUGHOUT
WINTER

Keep an eye on our
website and social
media for updates!

www.nucleusarts.com

ART LOVER

6th - 23rd December

Something big or small for the Art Lover you love this Christmas.

Also coming to the Halpern Pop, Rochester from 15th to 23rd December & 4th to 16th January!

All Welcome!

COLLOCATIONS – PAIN & TRAUMA”, AN EXHIBITION OF PAINTINGS BY EDDIE TUCKER

10th - 16th February

Exploring how pain, injury, trauma of body and mind can be depicted through painting. Looking at how physicality and mentality, their imperfections, damages, fragilities of injury and age, and how these are revealed in the flesh - making us who and what we are.

All Welcome

TJ MAX AND STEVE - THREE CUPS OF TEA AND SOME ART

17th February - 2nd March

Starting with three cups of tea in a greasy spoon to three practices picked and mixed, TJ Max and Steve are coming to Chatham. Each of them revolving around a shared nucleus for a short time, catch the show while you can.

All Welcome

OUR GALLERIES

HALPERN GALLERY
POP



ADVENTURE21 - JONATHAN ASH

2nd - 14th December

A new exhibition of paintings across two galleries at either end of Rochester High Street.

A veritable art adventure to get you fit for Christmas. And then have a cake to celebrate.

All Welcome!

**MORE EXHIBITIONS TO
COME THROUGHOUT
WINTER**

Keep an eye on our
website and social
media for updates!

www.nucleusarts.com



ART LOVER

15th - 23rd December & 4th - 16th January

Something big or small for the Art Lover you love this Christmas.

Art Lover can also be found in the Halpern Gallery, Chatham from 6th to 23rd December.

All Welcome!



RACHEL MOORE - MONO

23rd February - 8th March

A first solo exhibition from print artist, Rachel Moore, featuring monotypes and monochrome prints. Expect a mix of graphic typography and freestyle prints inspired by nature.

All Welcome!

COMMUNITY ENGAGEMENT



INTRODUCING...

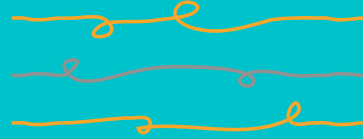
Jump stART into Art!

Coming January 2022 to Nucleus Arts Centre, Chatham. The third Wednesday of the month 1.30pm – 4pm over 18's.

Come and join us for an artist lead creative session teaching you new skills or brushing up on old ones. Sessions change each month and can be viewed and booked on our website www.nucleusarts.com.

£15 per person including all materials.

Places are limited so ensure you book early.



CHECK OUT ALL OUR REGULAR CREATIVE GROUPS!

Find out more and book your space at nucleusarts.com/whats-on

Please note that it is essential to book as we may not be able to accommodate drop ins.

YOUNG AT ART

SOCIAL ART

JUMP stART
COMING SOON...

ADULT
GROUPS

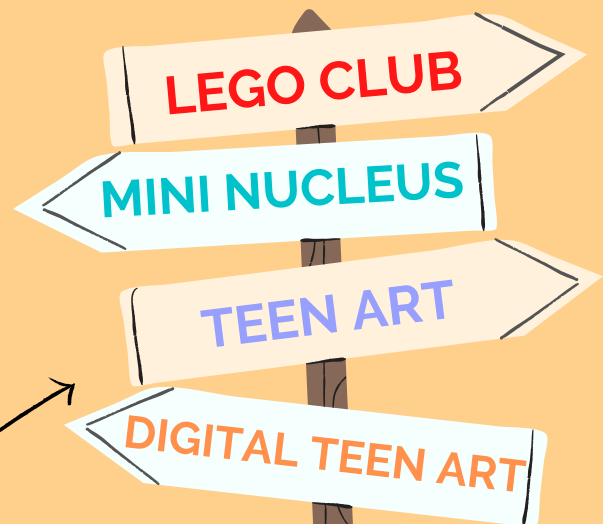
LEGO CLUB

MINI NUCLEUS

TEEN ART

KIDS &
TEENS
GROUPS

DIGITAL TEEN ART



RESIDENT ARTIST NEWS

SPOTLIGHT - KERRIE OWENS



Hi! My name is Kerrie I am the owner of Totally Polychromatic theatre props and Lapidary services, based at the Nucleus Arts Centre at the top of C Block. Apparently I've been asked to write about myself, not some thing I'm used to doing to be fair but I'm up for the challenge. I am I guess the phrase is "the Jack of all trades, the master of none," I am a stone carver, lapidary artist, life model, a youth leader in theatre amateur dramatics, a prop maker, set designer, scare actor/ team leader and performer.

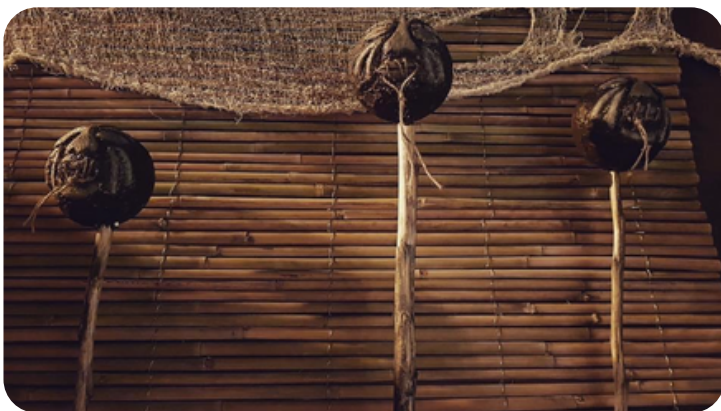
My main trade or craft is as a carver, using semi precious stone, fossils, wood, shell, glass and metals. I work mainly in Polynesian design, dabbling also into Celtic, spiritual, contemporary modern designs with an androgynous or bohemian look, with a huge love of New Zealand serpentine as my main working material. I also dabble in silver and pewter casting in delft clay.



I learnt how to carve five years ago after a year long backpacking trip found me standing, looking through the glass window of a Jade studio of Mountain Jade in Rotorua, watching who I now know as renowned and celebrated Polynesian carver Tamaora Walker working at his bench making a batch of Jade fish hooks (Hei Matau, think Maui's fish hook in Moana, same thing). I got a tap on the shoulder from the shop assistant pointing me to the studio door saying that I was allowed to go in an explore to which I very quickly grabbed the opportunity and must of looked like a crazy person watching over Tamaora's shoulder, but not wanting to disturb him while he worked. I kick myself now for not disturbing him and asking him a ton of questions as he is I have since learnt like a celebrity of the stone carving Jade industry along side James Pirika who was sitting on the bench on the opposite side.



I finally found my chance in Hokitika, to get myself into a carve your own class with Steve from Bones and Stones, making my first very crude piece out of Marsden Jade in the shape of goddess holding the world with the Polynesian Koru, symbol for new life. And it was like every thing fell into place, the feeling of feeling like I found some thing important , I guess that moment of feeling the spark. And I've never looked back, since making a lot of awesome connections and now make my life as a full time carver and learning every thing I can about the Māori Polynesian culture out of respect to the people.



As well as being a carver I am also a youth leader for Medway Little Theatre youth company and Mini Nucleus. With MLT I have been with them and working shows in many aspects of backstage for over 10 years, taking me to great events across Medway and even over to Gibraltar. I am their resident prop maker and set designer with a KDA award to my name. I love making things, I love a challenge and I've actually been making props longer than I have been a carver.



I guess I like the puzzle, problem solving side that comes from it, the challenge to make what I can as cheap as possible and a lot of the time from recycled materials (that the theatre already has lying around) and the use of a hot glue gun or hammer and nails. It's also the different projects I get to do, from something floral and Elizabethan from Shakespeare, to something grim and blood covered on a Halloween event.

For 10 years I've been a scare and character improv performer, working my way through being just an actor, to a guide, to managing a scene. I've been working with local heritage site Fort Amherst, and have been doing character work with the local Dickens Festival with company alternate shadows. From crazy clown, to clockwork robots and ladies of the night. You may have even seen me around or even been terrorised by me. Sometimes it's nice to escape into being somebody else every once in a while.



I'm not sure what else to write from this point other than say I have a kettle and I'm more than open to visitors. You can check out more of my work, be it my carving, photography, or what I get up to for fun, on the links below. Thank you all for welcoming me so warmly into the Nucleus family, its been a well needed step forward for me and my craft.



Etsy - www.etsy.com/uk/shop/TotallyPolychromatic

Business Instagram - www.instagram.com/totally.polychromatic Personal Instagram - www.instagram.com/kerrie_k_o

Deviant art - www.deviantart.com/totallypolychromatic

Viewbug - www.viewbug.com/member/kerrieowens

RESIDENT ARTIST NEWS



ART LOVERS MARKET

Not only is Art Lover coming to the Halpern Gallery and Halpern Pop, our resident artists are also holding their own market!

Unique Christmas gifts for the art lovers in your life, the market is held in The Meeting Point at Nucleus Arts Centre, Chatham on the following dates:

11th December (10am - 4pm)

18th December (10am - 4pm)

WREATH MAKING WORKSHOPS WITH SHARON COOPER

These fun festive workshops are a great way to start December!

Using seasonal foliage, winter berries, pines and fruits, create your own beautiful door wreath - think texture and fragrance!

A fun and relaxed session, you'll be guided step by step through the process, then it's over to you to make your own unique wreath.

There are 2 workshops with 6 spaces each. Why not come along with friends as an alternative Christmas get together?

Booking is essential.

When?

Saturday 5th December

Workshop 1 - 11am - 1pm

Workshop 2 - 2pm - 4pm

Where?

The Workshop Room, Nucleus Arts, Chatham.

Who?

Anyone who enjoys creativity, making things and Christmas!

How much does it cost?

£25 including all materials and festive refreshments.

Booking - www.ticketsource.co.uk/.../2021.../d-monnlrsavgrgp



RESIDENT ARTIST NEWS



SHOPPING FOR CERAMICS

Resident artist Carol Smith has set up shop in her studio.

CR Smith Ceramics

Studio shop open daily, 12 - 4pm, until 23rd December.

Studio 5A, Nucleus Arts Centre, Chatham.

Visits must be booked with Carol beforehand, and all guests must sign in to reception.

Email: crsmithceramics@gmail.com

Follow the QR code to Carol's website

www.crsmithceramics.weebly.com



ARTIST AT THE MARKET

Don't miss Tanya Outen at Rochester City Vintage & Artisan Market on the following dates:

Monday 13th December - 10am to 3:30pm

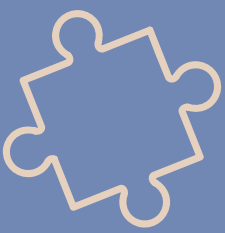
Monday 20th December - 10am to 3:30pm

Blue Boar Lane, Rochester High Street

 [@tanyaoutenartist](https://www.facebook.com/tanyaoutenartist)

WINTER COLOURING

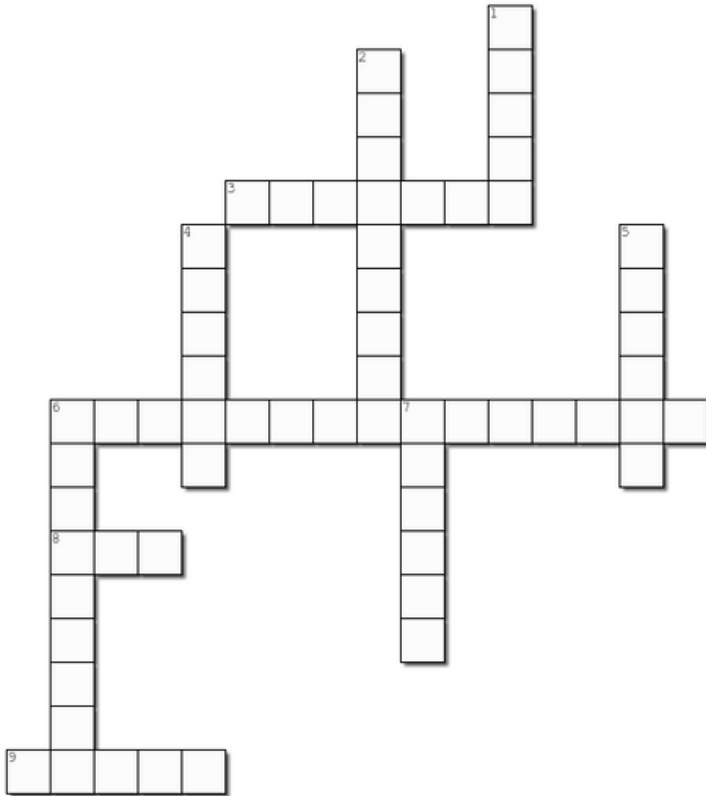




PUZZLES



Complete the crossword puzzle below



Across

- 3. Ding Dong _____ on High
- 6. What gift did Harry Potter receive from the Dursleys during his first Christmas at Hogwarts?
- 8. How many sides are there in typical snowflakes?
- 9. What colour suit did Santa wear until Coca Cola rebranded him in red

Down

- 1. The name of the main character in the film Elf
- 2. If you're born on Christmas day, what's your star sign?
- 4. Scrooge was visited by three of these?
- 5. The first Olympic Winter Games were held in which country?
- 6. In the winter of 1620 when the River Thames in London became frozen, a fair was held on the water. What was its name?
- 7. The first snowmobile in the world was patented in which country?

Created using the Crossword Maker on TheTeachersCorner.net

Riddle me this...

Lighter than what I am made of, more of me is hidden than is seen. What am I?



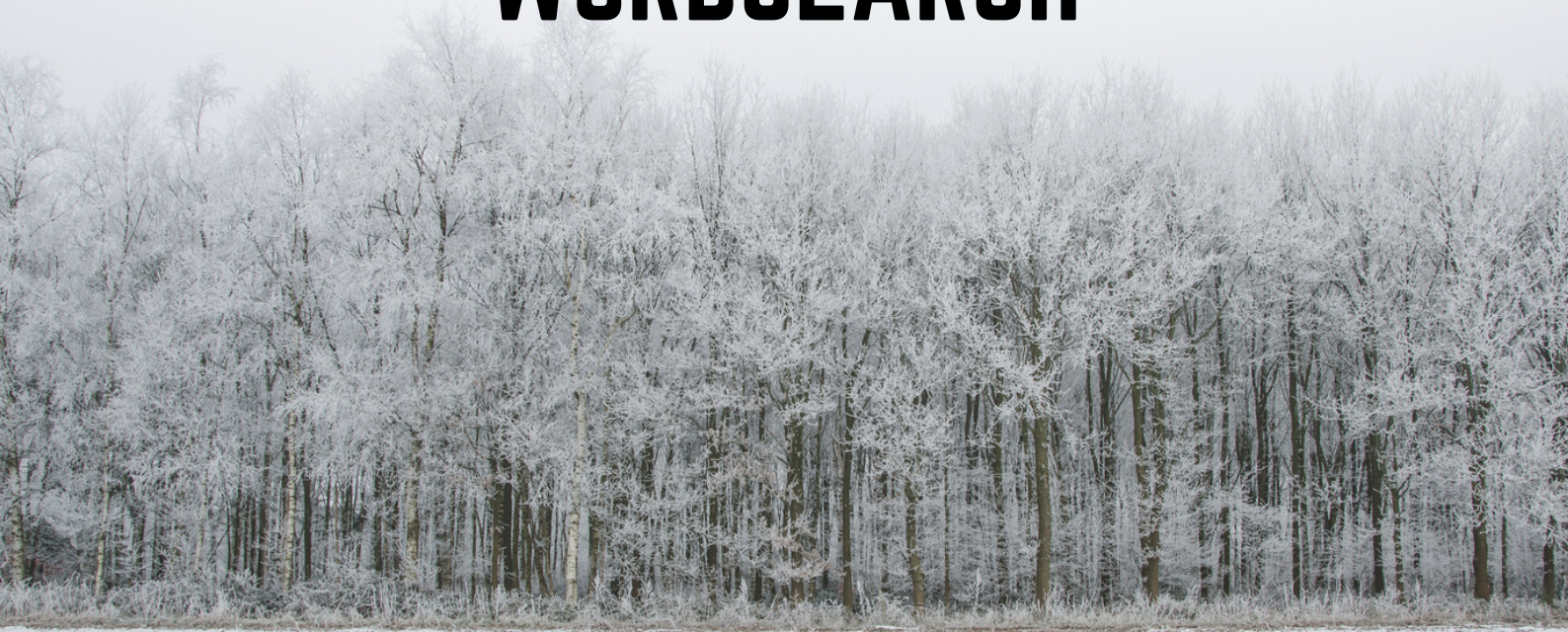
FLAVOURS OF SOUP

L _ E _ & _ O _ A _ O
 _ H _ C _ E _ N _ O _ L _
 G _ L _ E _ V _ G _ T _ B _ E
 _ A _ R _ T & C _ R _ A _ D _ R
 L _ N _ I _

T _ M _ T _ & _ A _ I _
 _ C _ T _ H _ B _ O _ H
 O _ T _ I _
 _ I _ E _ T _ O _ E
 M _ S _ R _ O _



WORDSEARCH



Hibernating Creatures

G	U	W	O	O	D	F	R	O	G	S	G	R	A
O	S	E	G	A	R	T	E	R	S	N	A	K	E
H	H	O	C	R	A	S	E	A	E	K	O	M	O
E	K	X	G	C	T	N	T	G	R	E	B	A	P
G	T	L	E	R	B	K	H	S	F	A	E	R	R
D	E	B	L	R	O	N	K	M	B	R	A	M	A
E	S	U	T	G	M	U	K	B	B	N	R	O	I
H	K	M	R	R	N	M	N	E	A	N	M	T	R
E	U	B	U	K	I	P	G	D	T	I	O	O	I
D	O	L	T	T	B	I	A	G	H	H	D	N	E
A	N	E	X	B	P	H	N	U	M	O	H	R	D
O	E	B	O	I	R	C	G	B	K	E	G	G	O
K	I	E	B	O	K	O	B	E	G	I	E	S	G
K	O	E	K	X	U	U	G	O	O	D	O	M	S

GROUNDHOG
BOX TURTLE
CHIPMUNK
BUMBLEBEE
BEAR
PRAIRIE DOGS
GARTER SNAKE
BAT
WOOD FROG
SKUNK
HEDGEHOG
MARMOT

Play this puzzle online at : <https://thewordsearch.com/puzzle/2737876/>





PUZZLE ANSWERS



Riddle me this...

An iceberg



FLAVOURS OF SOUP

LEEK & POTATO
 CHICKEN NOODLE
 GOLDEN VEGETABLE
 CARROT & CORIANDER
 LENTIL

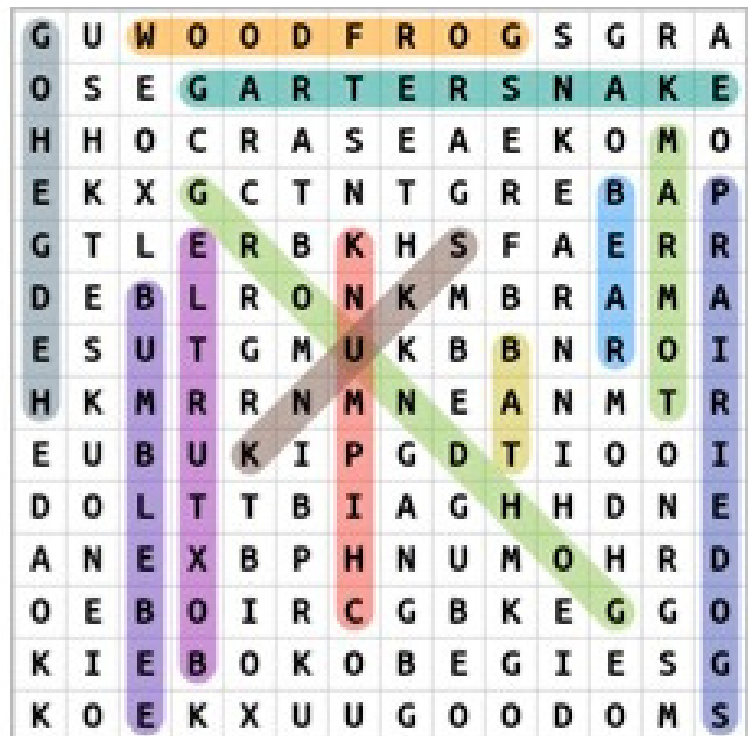
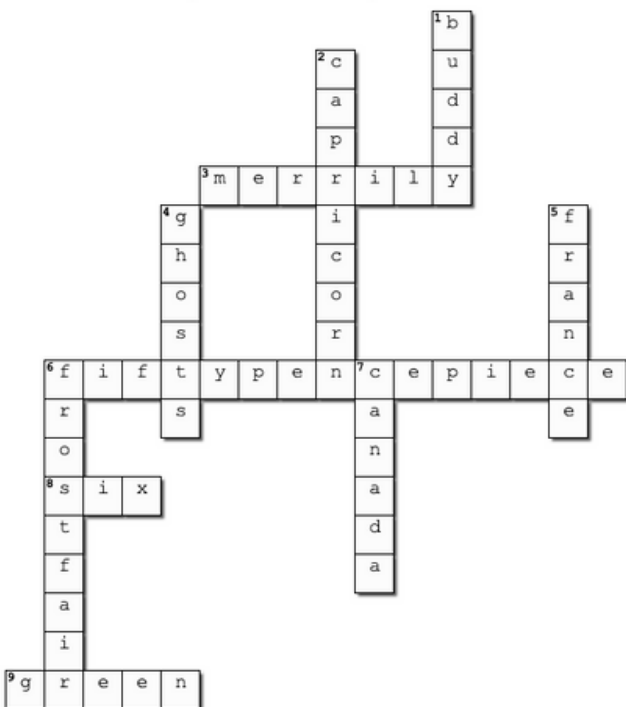


TOMATO & BASIL
 SCOTCH BROTH
 OXTAIL
 MINESTRONE
 MUSHROOM



Festive

Complete the crossword puzzle below



SKETCHBOOK CLUB

- Kickstart a new regular Sketchbook habit
 - Tips, tricks and warmups given
 - Optional weekly themes
- A chance to network with other artists
- Digital and Traditional artists welcome

£3
Entry

Nucleus Arts Rochester
6pm-7pm Friday

ALL SKILL LEVELS AND AGES WELCOME!
SOME ART SUPPLIES PROVIDED. PLEASE BRING YOUR OWN!



Nucleus Arts

UNDER
18S

*Medway Pride Radio's
Christmas Writing
Competition*



*You write it and we'll record it
and play it on the radio!*

*Submit your short Christmas themed
story to shea@medwayprideradio.co.uk*

*Open to all children under the age of 18.
We will pick the best stories and record them to be
played on the radio in the run up to Christmas.
See our socials for more details.*



SUPPORT



MENTAL HEALTH SUPPORT

The following websites provide information on how to protect your mental health at this time. Click on the links to take you to the website:

- <https://www.bbc.co.uk/news/health-51873799>
- https://www.newscientist.com/article/mg24632790-900-7-mental-health-expert-tips-on-how-to-cope-with-the-covid-19-pandemic/?fbclid=IwAR1mggtV9mZ2-binxmWcy-hr-oOU4k12K7SpUY2CeG7jmKkj_LVsYJO6DVs
- <https://www.nhs.uk/oneyou/every-mind-matters/top-tips-to-improve-your-mental-wellbeing/>
- <https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-wellbeing/>
- <https://www.time-to-change.org.uk/coronavirus>



take care
of your mind



GENERAL SUPPORT THROUGH COVID-19

The following websites provide information for further support at this time, including access to food and accommodation. Click on the links to take you to the website:

- <https://www.gov.uk/find-coronavirus-support>
- <https://www.citizensadvice.org.uk/work/coronavirus-if-youre-self-employed/>
- <https://www.moneysavingexpert.com>
- <https://www.medway.gov.uk/coronavirussupport>