

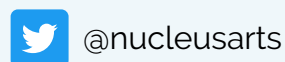
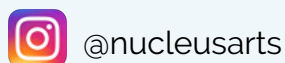
# NUCLEUS ARTS NEWS

SUMMER 2022



Nucleus  
ARTS®

No:  
01634 812108  
Email:  
original@nucleusarts.co.uk  
Website:  
nucleusarts.com



## OVERVIEW

Welcome to the Nucleus Arts Summer Newsletter, covering June July and August 2022!

Read on to discover upcoming exhibitions, creative workshops, puzzles and more.



## WE'RE TURNING 20!

This year is the 20th Anniversary of Nucleus Arts! We would like to say a huge thank you to all the wonderful people who have been a part of our creative community over the years, from our studio artists to volunteers, exhibitors, and of course our lovely community workshop attendees!

Don't miss our Anniversary show, '20 Years in the Creating', which will be taking place in both the Halpern Gallery, Chatham and Halpern Pop, Rochester. You can find all the details in the Our Galleries section of this newsletter!



## THE SUMMER EXHIBITION IS BACK!

Our annual Summer Exhibition will be back this August in the Halpern Gallery, Chatham, and we will soon be inviting all artists to enter our **open call!**

Three pieces of work can be submitted with the guaranteed that at least one piece of work will be included in the show. Our Summer Exhibition attracts experienced professional artists as well as those at the beginning of their practice, and it is a wonderful show to be part of. Please keep an eye out for the open call, which will be published soon on our website and social media!

**OPEN  
CALL**

SUMMER EXHIBITION

# NUCLEUS ARTS NEWS



## MEDWAY PRINT FESTIVAL 2022

This year's print festival is taking place between 4th - 18th June. We have exhibitions and printing workshops coming up, so keep an eye out for the Medway Print Festival logo in this newsletter!



## MEDWAY OPEN STUDIOS

This year, several of our artists are taking part in Medway Open Studios! This is a fantastic opportunity to discover your new favourite artist, so please do come along and meet them! From painters, to ceramicists, sculptors and illustrators, there is something for every art-lover.

For all dates and times, pick up a MOSAF leaflet.



## FORWARD TOGETHER POSTCARDS

A co-curated piece by artists from Nucleus Arts Centre, Chatham.

This artist designed and built message has been photographed in iconic Chatham sites to welcome everyone back as we move forward together.

Postcards of these temporary works are available across all Medway Libraries, at the Tourist Information in Rochester, and Nucleus Arts Centre on Chatham High Street.

The idea is to welcome people back to our community, as we go 'FORWARD TOGETHER'.

Please pick up a postcard of this welcome message and send it someone to invite them back to your High Street!



COMING  
SOON

Love Chatham  
LOVE MEDWAY



**CARNIVAL**



**SATURDAY  
9<sup>TH</sup> JULY**

**CHATHAM  
HIGH ST**

*Medway*  
COUNCIL  
Serving You



# VOLUNTEER'S VOICE

By Stephanie Gurwe



Being a volunteer at Nucleus Arts offers people a wide variety of experiences. From working in the office and assisting clubs in the Meeting Point, to engaging and helping the local community, volunteering at Nucleus is a fun-filled experience.

One of the best parts of my experience at Nucleus was Fit and Fed. This is a programme run at Luton Junior School by Arches Local during the half term. It provides children with a range of activities including arts, crafts and sports, while also providing them with a nourishing packed lunch. I take part in the arts and crafts side of things, assisting Nucleus Arts' artists creating with the children. They do activities such as clay, sewing, painting, printing and all sorts!



Another one of my experiences with Nucleus is working with their Lego club. Lego club is a once a month gathering where families can play with Lego together and take part in other arts and crafts as well. The participants in this club are an enthusiastic bunch, and they enjoy making their own varied Lego creations or sometimes, they sit and draw their own Lego themed ideas.

Of course, it's important to remember the impact that these events have on the participants. I find Fit and Fed to be rewarding to volunteer at, as it fills me with joy to see all the young children grinning from ear to ear whilst making their artistic creations. With the other groups that Nucleus runs such as Teen Art, sources have stated it to be a "friendly, funky, clean environment that was lots of fun. It offered a wide range of materials [for ceramics], and it was relaxing to make art without the pressure of it having to look good. The leaders were very helpful and everyone was really nice".



At this point you are probably wondering "What's in it for you?". Apart from the glorious fun I have helping others whilst completing my section of my Silver Duke of Edinburgh's Award I also receive Tempo Time Credits. Tempo Time Credits are a rewards system that rewards you for your volunteering time. With these 'credits' you can 'buy' a range of different experiences such as visits to museums and escape rooms.

To conclude, my experience with Nucleus Arts so far has been an exuberant and fulfilling experience. I look forward to what lies ahead in the future.

**4th - 19th JUNE 2022**

**8 EXHIBITIONS**  
**38 WORKSHOPS & TALKS**  
**11 VENUES**  
**14 PRINT TECHNIQUES**  
**20 FREE EVENTS**  
**2 WEEK PRINT FESTIVAL**

# **MPF'22**

**MedwayPrintFestival**

**ENJOY, MAKE, SEE, TRY, LEARN & BUY PRINT**

**[www.medwayprintfestival.com](http://www.medwayprintfestival.com)**

# OUR GALLERIES

HALPERN  
GALLERY

CELEBRATING MEDWAY'S 90TH SEASON



9TH - 21ST JUNE 2022

PREVIEW 9TH JUNE, 6-8PM



Nucleus  
ARTS

HALPERN  
GALLERY



HALPERN  
GALLERY

20

YEARS  
IN THE  
CREATING

23.06.22 - 05.07.22

CELEBRATING NUCLEUS ARTS' 20TH  
ANNIVERSARY, AN EXHIBITION FEATURING WORK  
FROM PAST AND PRESENT STUDIO ARTISTS

# OUR GALLERIES

HALPERN  
GALLERY



## MEDWAY OPEN STUDIOS GROUP EXHIBITION

**7th - 13th July**

A group exhibition of artwork by artists taking part in the 2022 Medway Open Studio & Arts Festival.

**All Welcome**



## HORIZONS

**14th - 20th July**

An exhibition by Roger Mortimer. Roger's paintings are about recording, feeling and experiencing the world through memory, intuition and his love of creating joyous and colourful and inspiring artworks.

**All Welcome**



## THE ART POD: A CREATIVE COLLABORATION

**29th July - 2nd August**

A collection of artwork celebrating the achievements of those students attending the art pod children's art lessons (ages 5-16 years). A selection of mixed media, photography, illustration, fine art and much more.

**All Welcome**



## SUMMER EXHIBITION

**4th - 31st August**

The Halpern Gallery's annual Summer Exhibition, featuring work from a variety of artists across all disciplines. Open call for submissions coming soon, keep an eye on our website and social media!

**All Welcome**



# OUR GALLERIES

HALPERN GALLERY

POP



## PLANT!

**1st - 7th June**

Plant! is a showcase of houseplant studies by Connor Arnold. From succulents and monstera, to yuccas and cacti – houseplants have the power to make us happy. The work shown uses classic relief and screen printing techniques to convey the pure joy that comes from keeping plants.

**All Welcome**



## PAUSE HERE, POP IN

**8th - 21st June**

A selling show of prints by Kate Neame and Andy Ewan. Part of Medway Print Festival 2022.

**All Welcome**

**MORE EXHIBITIONS TO  
COME THROUGHOUT  
Summer**

**Keep an eye on our  
website and social  
media for updates!**

**[www.nucleusarts.com](http://www.nucleusarts.com)**



20

YEARS  
IN THE  
CREATING

23.06.22 - 05.07.22

CELEBRATING NUCLEUS ARTS' 20TH  
ANNIVERSARY, AN EXHIBITION FEATURING WORK  
FROM PAST AND PRESENT STUDIO ARTISTS

# OUR GALLERIES

## MedwayArtBox

### EXHIBITION DATES AND CALL OUTS

See what we've got coming up and how you can get involved:

**June** - Medway Print Festival - MedwayArtBox will be filled with print artworks, and we're calling out to printmakers to gift work! Find out how below.

**2 - 10 July** - Medway Open Studios - MedwayArtBox will be filled with gifted work by our wonderful studio artists. Come along and discover your new favourite artist, and take a piece of their work home with you!

**August** - Greetings from Medway - annual postcard exhibition for the Summer - calling all artists to gift a postcard size piece of art to add to MedwayArtBox so it can travel the width and breadth of the UK and possibly the world!

### SEND US YOUR WORK!

**ALL** gifted works can be sent to Rachel Moore in Studio 7 or held onto until the exhibition is ready to put in the box.

**Address:** Studio 7, The Halpern Conservancy, 15a High Street, Rochester.



PRINT BY iPRINTEDTHAT

Located snugly between The Halpern Conservancy Building and the Guildhall Museum you will find MedwayArtBox: the smallest art gallery in Rochester.

The repurposed red BT Telephone Box is a place for artists and the local community to display and share their work and take part in creative projects and installations.

@MedwayArtBox on instagram, twitter & Facebook.



# COMMUNITY ENGAGEMENT



## LOVELY JUBBLY JUBILEE!

Join us for JumpstART this June for Commemorative Jubilee Plate Making with resident artist Sharon Cooper. All materials are provided.... do hurry and book! This will be a fantastic creative workshop.

Date: 15th July 2022

Time: 1.30pm - 4pm

Price: £30

Venue: Nucleus Arts Centre, 272 High Street, Chatham.

Book here! - [www.nucleusarts.com/jumpstart-booking](http://www.nucleusarts.com/jumpstart-booking)



# MEDWAY PRINT FESTIVAL WORKSHOPS



Join us at our FREE weekly workshop for teens where we'll be taking part in relief printing creative activities to celebrate Medway Print Festival 2022. You'll get the opportunity to design and produce your own artwork to carve out and print!

To book onto the session please visit the Nucleus Arts website under our 'What's On' page or call 01634 812108.

DON'T JUST MAKE ART, BE ART!

# TEEN ART

**Relief Printing special**

Tuesday 7th June 2022  
Drop in anytime between 3 - 5pm  
Nucleus Arts Centre, Chatham,  
ME4 4BP  
Ages 13-17 welcome

Nucleus ARTS

# COMMUNITY ENGAGEMENT CONTINUED ...



Join us at our FREE weekly workshop for teens where we'll be taking part in cyanotype creative activities to celebrate Medway Print Festival 2022. You'll get the opportunity to be immersed in cyanotype prints using natural materials you can find at our 'oasis' off of the high street!

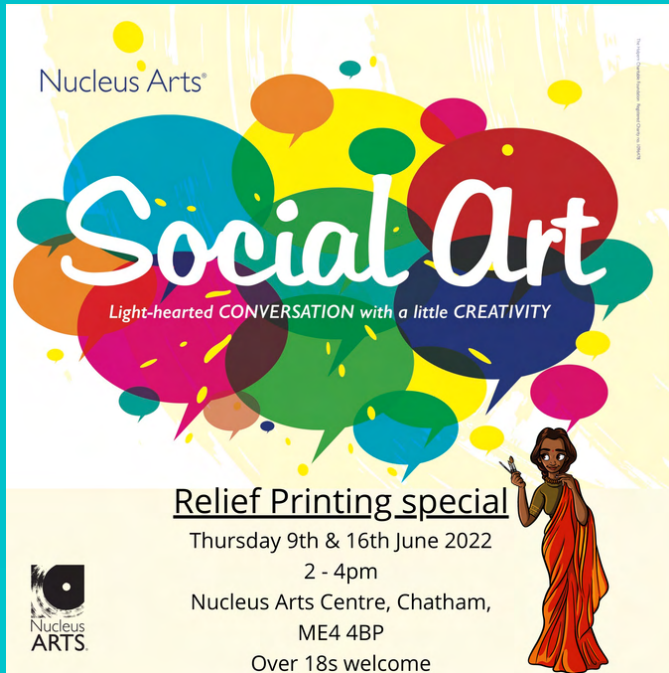
To book onto the session please visit the Nucleus Arts website under our 'What's On' page or call 01634 812108.

Come along to our weekly creative, sensory and messy play workshops for babies and toddlers. To celebrate Medway Print Festival 2022, we'll be creating some very special prints using our hands and fingers so come and get messy with us on a Thursday morning! Sessions cost £1

To book onto the session please visit the Nucleus Arts website under our 'What's On' page or call 01634 812108.



# COMMUNITY ENGAGEMENT CONTINUED ...



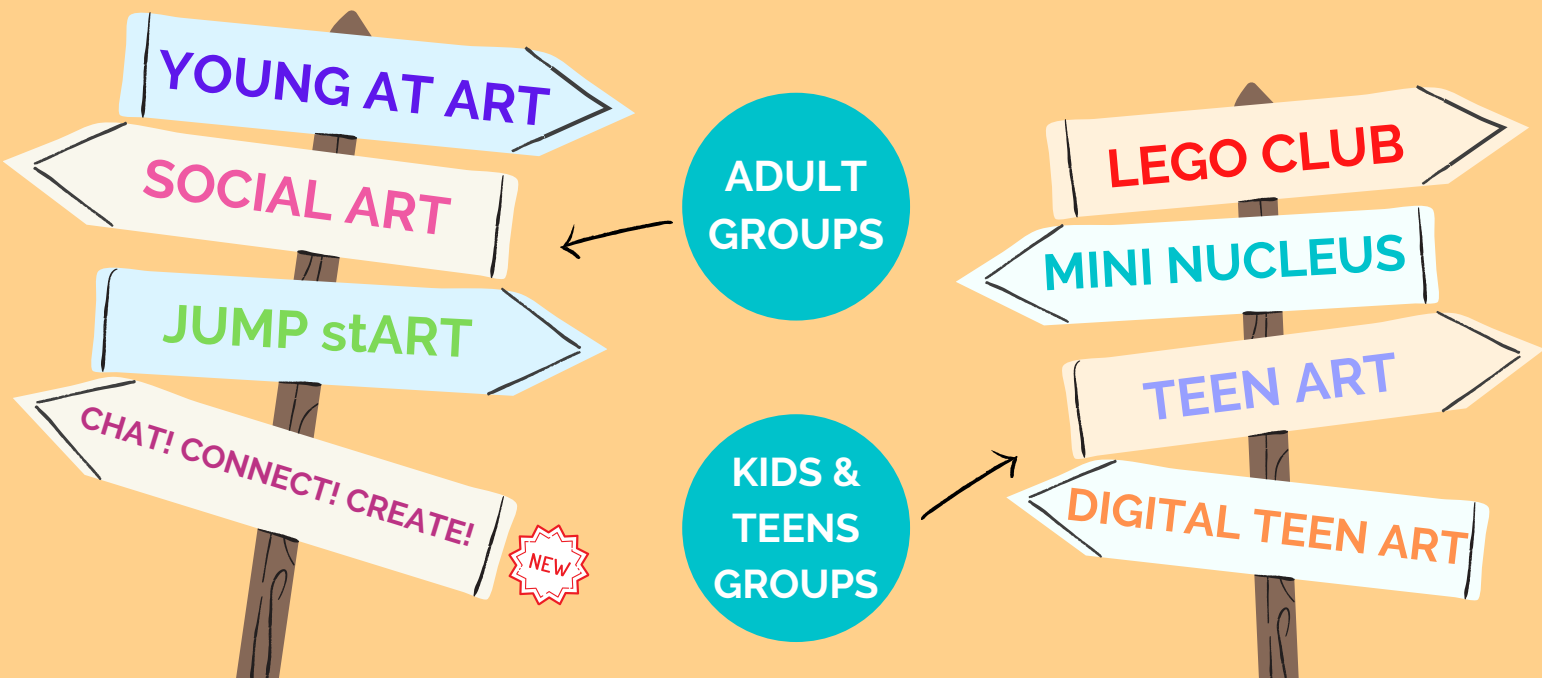
Join us at our FREE weekly workshop for over 18s where we'll be taking part in relief printing creative activities to celebrate Medway Print Festival 2022. You'll get the opportunity to design and produce your own artwork to carve out and print!

To book onto the session please visit the Nucleus Arts website under our 'What's On' page or call 01634 812108.

## CHECK OUT ALL OUR REGULAR CREATIVE GROUPS!

Find out more and book your space at [nucleusarts.com/whats-on](https://nucleusarts.com/whats-on)

Please note that it is essential to book as we may not be able to accommodate drop ins.



# RESIDENT ARTIST NEWS



## SPOTLIGHT - HOLLY CHADD

Hi I'm Holly and I am a sculptor based at the Chatham Nucleus Arts site.

I studied art in London in the 2000s eventually graduating from the Royal College of Art in 2009. But I have always been fascinated by objects and some of my earliest memories are of things – how they feel to the touch and how I feel about them. I have always been making some thing.



There are lots of things in the world and we're at the stage now where this has become a problem. The plethora of 'stuff' we demand is clogging up our oceans and being buried and burnt. Conversely, consumerism is a driving force in western society and we're assaulted by words, pictures and sounds conditioning us to want more.

There are things we will touch fleetingly as they pass through our lives and others we might keep for a lifetime. We might revere an object that we never get to touch or even see in real life, or we might use an item every day and never give a second thought to how it looks. For some of us, a relationship with objects may be tied to neurodiversity and may be key to holding and revisiting memories.



Spotted to buy in a local shop



Random box of Dad's stuff

After death, the things we owned remain. It is then for someone else to decide their value. My dear Dad recently died and there are things in his workshop that are unidentifiable now; but to him would have been waiting to fulfil their purpose in a certain job or replace their worn-out predecessor in a specific item. Piles of his belongings at times have had the somber air of a funerary monument to their owner.

I am drawn to remember him through the tools he used (touched) often or the objects he and I both admired due to a similar aesthetic taste. But some everyday things like his tooth brush, his trainers repel me – signifiers of the everyday life he will never enact again. Reminders of the body that let him down at the end of his life.



In the past we made objects as offerings to deities, and a lot of time has been spent creating things or embellishing items to bestow an importance on them. We've fought over them and we've given them as gifts. The justifications for why we make or choose an object may have changed with time, but I think at the heart of it our motivations often remain similar.



Hopefully Wall-E © would enjoy my work at the tip.

For me the excitement of sculpture is that I get to consciously create objects that then exist in the world, things that are tangible and can actually be held. Rather than start with an object and imbue it with feelings and memories, in sculpture the emotions and messages can come first and inspire the physical. Sometimes I wonder if it is important what I make, or if the act of making is the important bit, despite being preoccupied with how my sculptures appear.

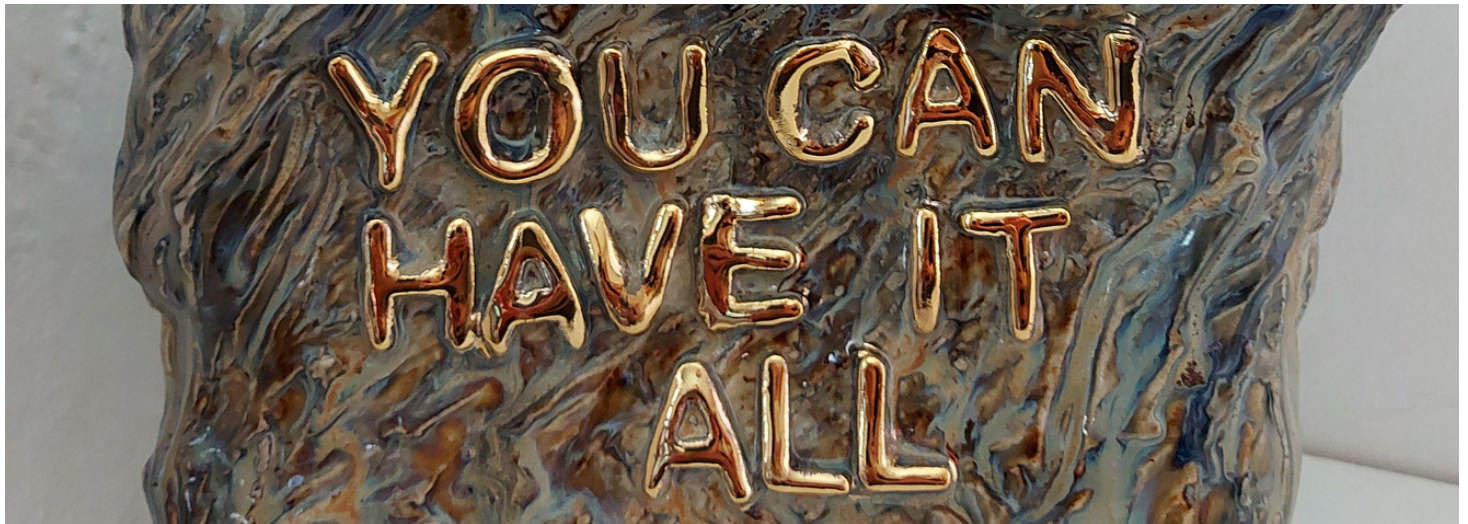
We 'have a history' with objects and this allows many different levels of engagement with sculpture. Equally there can be a frustration around what to do with all these things. Luckily, I quite like the idea of one of my works sitting in a rubbish dump waiting to be found.



Currently I am working with ceramics and this is a material we all encounter frequently with so adds a great layer of eerie familiarity. I also use words a lot in my art. I like the shapes of letters as well as the meanings of the words and phrases I choose and the sentiment they may inspire. So materials are very important to me and I do enjoy knowing and responding to their histories, but feelings and concept really drive my work.

Sculpture can be made with any and all materials so if you are wanting to express an opinion or preserve a memory why not try using the things around you and spending some quality time creating your own object?

[www.hmchadd.com](http://www.hmchadd.com)



## Upcoming Events:

### Girl's World -

Exhibition at Show Off Gallery, Whitstable 3rd – 9th June as part of South East Open Studios

### Medway Open Studios -

Visit my studio on 2nd, 3rd and 6th July.



# RESIDENT ARTIST NEWS



## UP IN THE CLOUDBASE

Our artists are taking over the radio! Check out "Cloudbase With Jonathan Ash" every Saturday 6pm til 8pm (repeated noon Monday) on Medway Pride Radio.

If anyone has any events coming up, requests or would like to do an interview, let Ash know.

[www.MEDWAYPRIDERADIO.co.uk](http://www.MEDWAYPRIDERADIO.co.uk)

[www.nucleusarts.com/jonathan-ash](http://www.nucleusarts.com/jonathan-ash)



## EXHIBITION NEWS FROM ANN PALMER

Following a very successful solo exhibition at The Horsebridge Gallery in Whitstable, Ann will be taking part in both South East Open Studios and Medway Open Studios from her home Garden Studio. Pick up a Medway Open Studios leaflet for more details!

Ann will be exhibiting with the Rochester and West Kent Art Society at the Creative Creek Gallery, from 7th to 19th June – this is a large group exhibition not to be missed! You can also catch Ann in the Show Off Gallery, Harbour Street, Whitstable from 24th to 40th June!

Ann has also sold a painting to the organisers of the Whitstable Pearl drama series; it will appear in Mike's flat in episode two and episode four of the new series to be aired later in the year.



# RESIDENT ARTIST NEWS



## JUST FOR THE RECORD

Check out this album cover artwork for Van Morrison's latest release, created by resident artist Dameon Priestly! The album has just been released, with TV ads and billboards going up globally over the next few weeks. Discover more of Dameon's artwork at [www.dameon.co.uk](http://www.dameon.co.uk)



## CERAMICS BY CAROL SMITH

For the month of June three pieces of work by Carol Smith can be viewed in The Seeds of the Mind virtual exhibition facilitated by BobCat Gallery. See the poster opposite for all details!

Carol is also taking part in South East Open Studios from 3-19th June. Her studio will be open from 11.30-4pm, but closed on Mon 6th & 13th June.

In July, Carol will be taking part in Medway Open Studios and her studio will be open from 11-4pm on 2nd, 3rd, 6th, 9th & 10th of July. (Please note on 2nd July, Carol's studio will be manned by her husband, who will be on hand to welcome any visitors).

You can also find Carol at the Chatham Intra Arts Market and Boot Fair on 2nd July and 6th August at Sun Pier House. [www.nucleusarts.com/carol-smith](http://www.nucleusarts.com/carol-smith)



# RESIDENT ARTIST NEWS



**The 2022 Funny Women Awards are open for registration via [www.funnywomen.com](http://www.funnywomen.com).**

Categories include the Stage Award, Comedy Shorts Award, Comedy Writing Award and the Content Creator Award. The Awards final will return to the **Bloomsbury Theatre, London on 29th September** and will be part of the Funny Women 20th Anniversary Celebrations. Last year's awards were truly global with the winner of The Stage Award Lara Ricote being a mix of Mexican, American, and Venezuelan in living in The Netherlands.

Sky Studios is on board, supporting the Stage Award and Comedy Writing Award. NextUp Comedy is supporting the Comedy Shorts Award, and heat Magazine & heatworld are media partners for the Content Creator Award.

Funny Women are also continuing to support TIME'S UP UK as its charity partner: An organisation that insists on safe, fair and dignified work for everyone, run by a group of UK-based women: actors, activists, producers, writers and others from the film, TV and theatre industries as a sister initiative to TIME'S UP in the US.

The **deadline for registration is 23:59 on 1st June 2022** and is open to any eligible performer, filmmaker or writer worldwide.

Funny Women's Matron Jo Brand, who supports the community, says "As Matron I am calling upon those of you with funny bones to take part in this year's Funny Women Awards. We've never needed laughter as much as we do right now, and these brilliant Awards celebrate great new female comedy talent.... what are you waiting for?!"

Founder Lynne Parker, who created Funny Women 20 years ago, added "Despite the challenges over the last two years we've prevailed. The online space has provided an incredible platform for us to showcase new talent across the comedy genres and entry to our Awards is truly accessible. We're now open to receive entries by new female performers, writers and creators from anywhere in the world."

Awards & Operations Director Alex Rochford says "The 2022 Funny Women Awards are more of the same but bigger! Armed with our pandemic learnings and a spring in our step, we will once again be taking a hybrid approach to the Awards season. A mixture of online and live performances will make up the competition. Last year we opened to the Funny Women Community across the globe and our stage award final featured acts from Denmark and the Netherlands performing. This is the 20th Anniversary of Funny Women and the Gala Final with kick start a series of Celebration events"

Past winners and finalists include Katherine Ryan, Jayde Adams, Roisin Conaty, Sarah Millican, Sara Pascoe, Zoe Lyons, Bridget Christie, Susan Calman, Sindhu Vee, Rosie Jones, London Hughes, Desiree Burch and Game of Thrones actress Gemma Whelan.

Funny Women was created in 2002 and the Awards have since become the leading platform for numerous talented female performers, writers, creators, and short film makers. The Awards are the 'beating heart' of Funny Women with their mission to encourage women to have a stronger, funnier and memorable voice across media, business and beyond.

The organisation shows women from all walks of life how comedy builds confidence. Strongly believing in equal rights and opportunities for all; Funny Women has been empowering female-identifying voices, for 20 years contributing to gender parity in the comedy industry and beyond.

[www.funnywomen.com](http://www.funnywomen.com)

[www.ucl.ac.uk/culture/whats-on/funny-women-awards-2022](http://www.ucl.ac.uk/culture/whats-on/funny-women-awards-2022)

**For more information please contact Impressive PR: Mel Brown [mel@impressivepr.com](mailto:mel@impressivepr.com) 07802 796769**



# RESIDENT ARTIST NEWS

## RESIN ART JEWELLERY BY TANYA OUTEN

Catch Tanya and her beautiful resin art jewellery at the following events this summer:

○ Psychic Health and Beauty Fair  
Leigh Academy, Rainham, ME8 8GS  
**Saturday 28th May, 10am - 4pm**

○ Psychic Health and Beauty Fair  
Longfield Academy, Main Rd, Longfield,  
DA3 7PH  
**Sunday 5th June, 10am - 4pm**

○ Rochester City Vintage & Artisan Market  
High St, Rochester  
**Saturday 11th June, 10am - 3:30pm**  
[tanyaoutenartist.co.uk](http://tanyaoutenartist.co.uk)

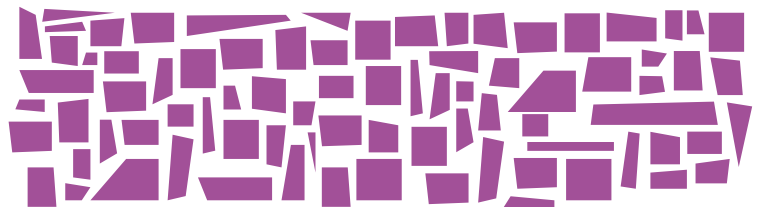


## IT'S A GIRL'S WORLD

Showing from 3rd to 9th June at the Show Off Gallery, Whitstable - 'Girl's World', an exhibition by Holly Chadd and Sharon Cooper.

A private view will be held on the evening of Friday 3rd June, please do pop along!

Visit the Show Off Gallery at 13 Harbour St, Whitstable, CT5 1AQ



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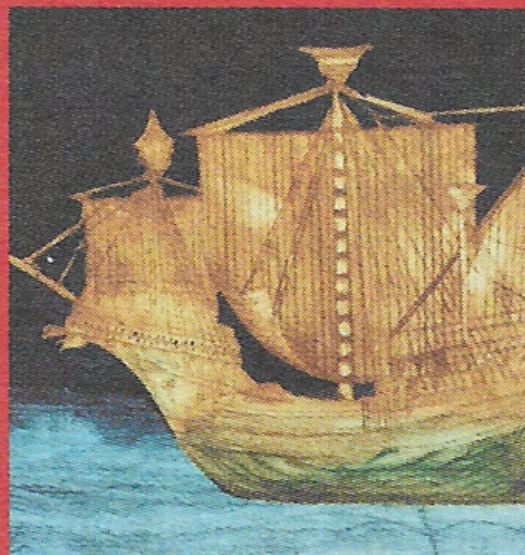
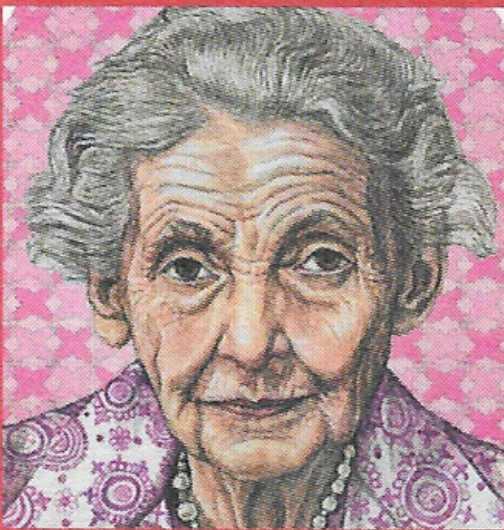
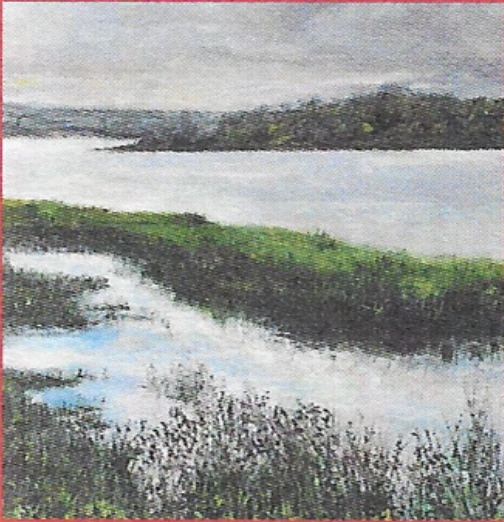
# MEDWAY OPEN STUDIOS

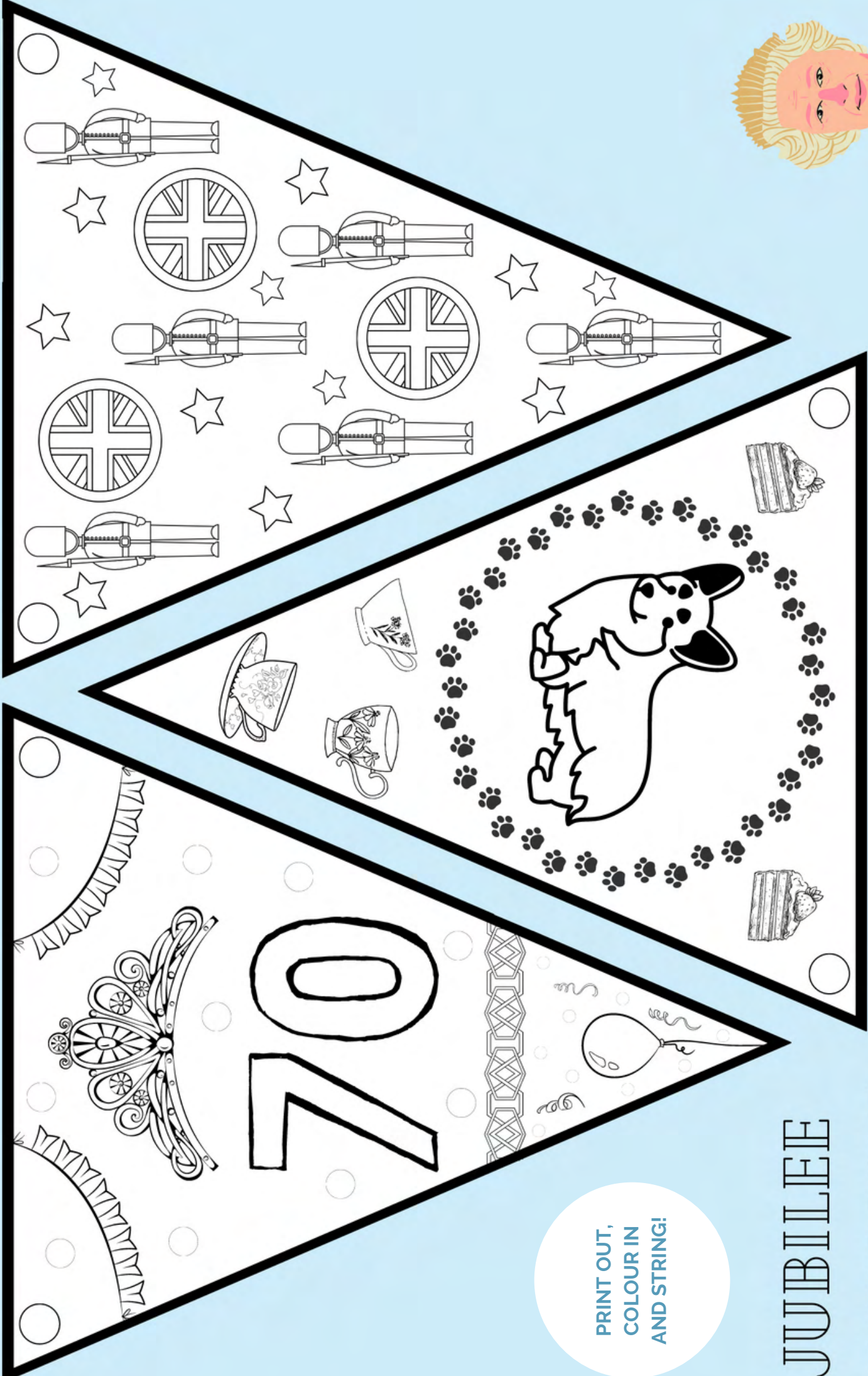
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& ARTS FESTIVAL

SAT 2 – SUN 10 JULY 2022

[MEDWAYOPENSTUDIOS.ORG](http://MEDWAYOPENSTUDIOS.ORG)

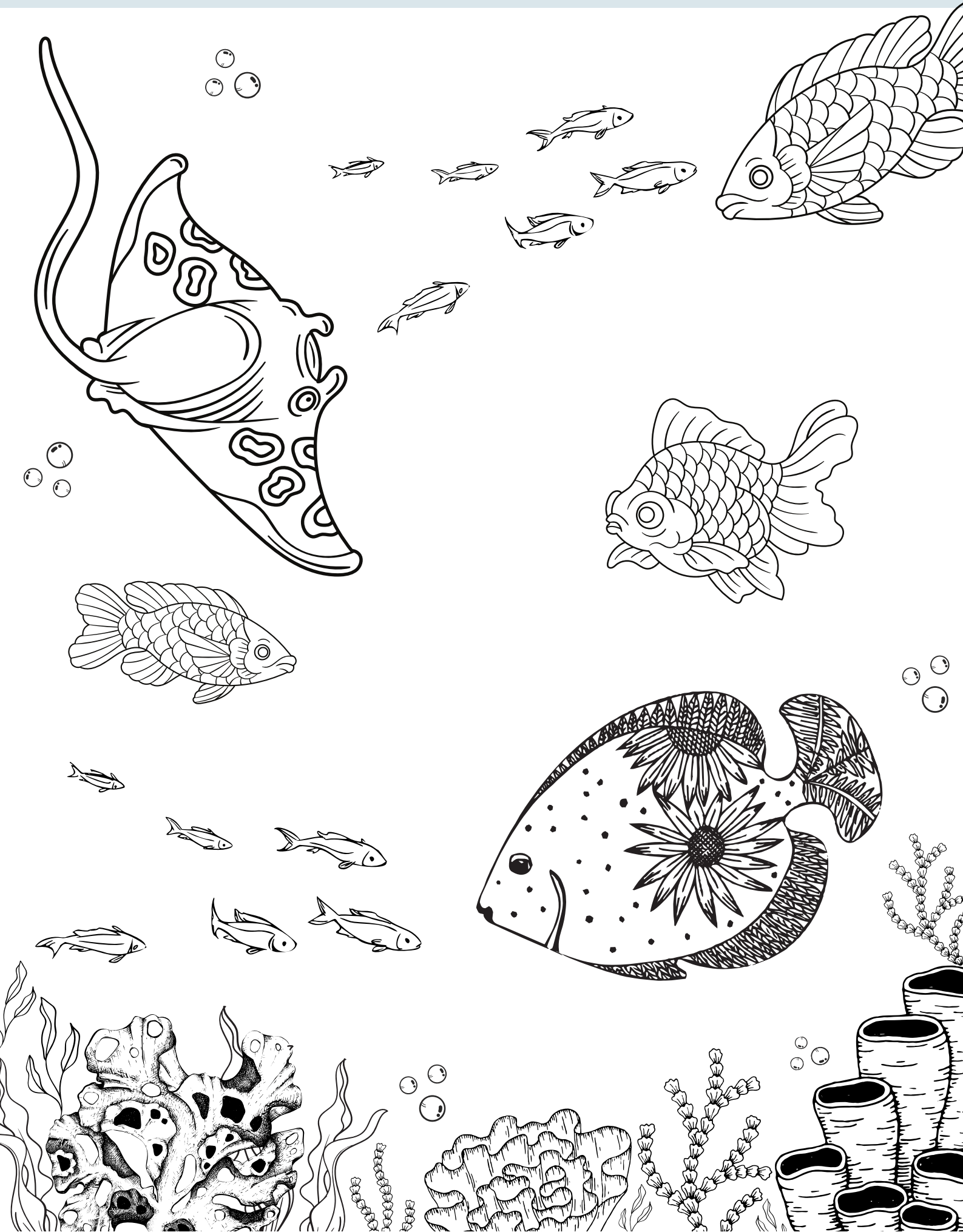




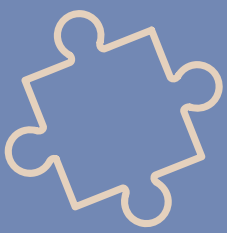
PRINT OUT,  
COLOUR IN  
AND STRING!

# JUBILEE BUNTING

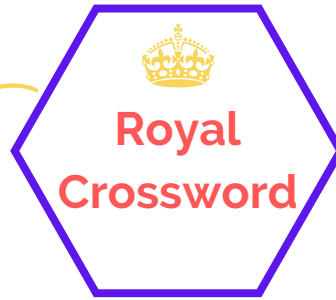
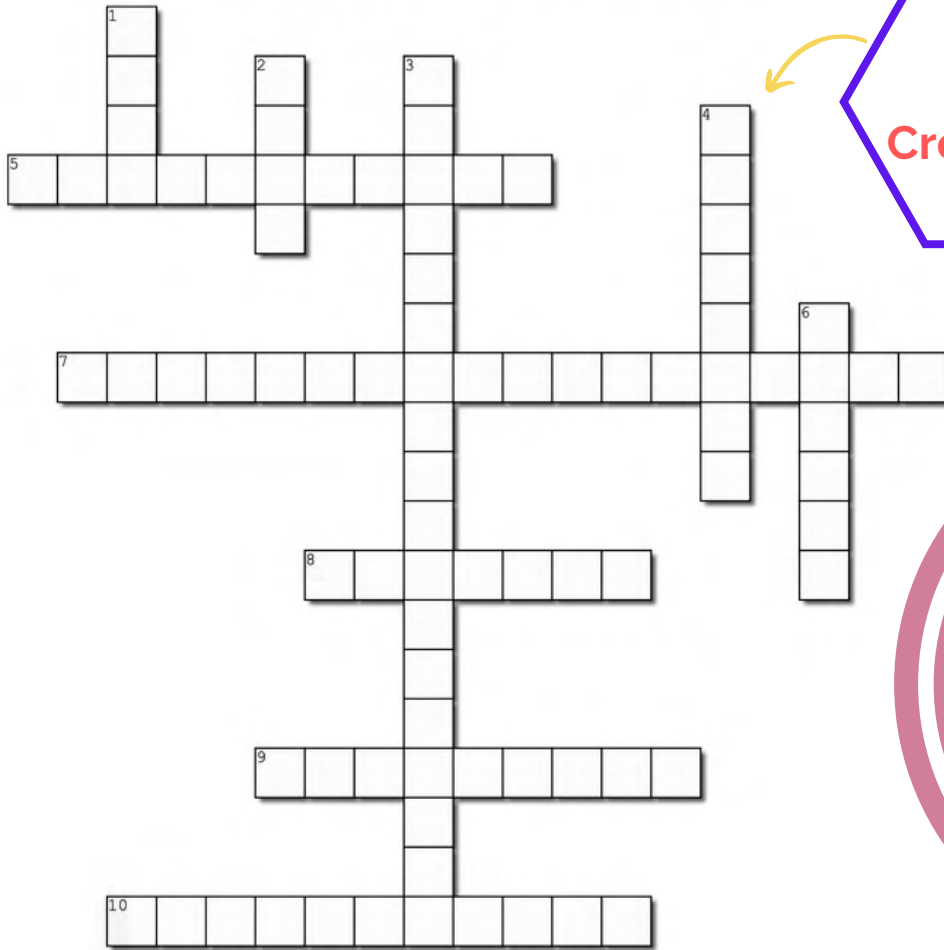
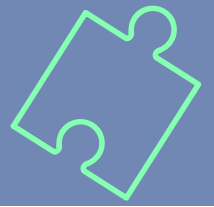
# SUMMER COLOURING








# PUZZLES



**Riddle me this...**

Kings and queens may cling to power, and the jesters may have their call. I am the most common but I can rule them all. What am I?



### Across

- 5. The real first name of Queen Victoria
- 7. Final resting place of Richard III
- 8. First King within the House of Windsor
- 9. During WW2 and before her reign, Queen Elizabeth served in the \_\_\_\_\_ territorial service
- 10. Britain's longest serving monarch

### Down

- 1. Lady Jane Grey was Queen for how many days?
- 2. Queen Elizabeth I said she had the 'Heart and Stomach of a...'
- 3. Mother of Edward V
- 4. Final King before the Commonwealth was declared in 1649
- 6. First name of Henry VIII's older brother who died in 1502



## ROYAL RESIDENCES



W\_N\_S\_R \_A\_T\_E  
 \_E\_S\_N\_T\_N \_A\_A\_E  
 B\_G\_H\_T \_A\_K  
 \_A\_D\_I\_G\_A\_ H\_U\_E  
 B\_C\_I\_G\_A\_ P\_L\_C\_

C\_A\_E\_C\_ H\_U\_E  
 \_T.\_A\_E\_'S \_A\_A\_E  
 B\_L\_O\_A\_ C\_S\_L\_  
 \_I\_H\_R\_V\_ H\_U\_E  
 G\_T\_O\_B\_ P\_R\_





# WORDSEARCH



## Visual Arts

A	R	C	Y	H	P	A	R	G	O	T	O	H	P
A	I	A	R	C	H	I	T	E	C	T	U	R	E
L	I	H	R	I	S	T	E	X	T	I	L	E	S
E	L	C	P	R	I	N	T	M	A	K	I	N	G
N	T	O	E	S	E	T	D	E	S	I	G	N	C
T	I	I	H	G	L	S	C	D	C	O	M	H	I
M	L	I	F	A	P	T	A	I	R	H	L	C	C
N	F	A	S	H	I	O	N	D	E	S	I	G	N
T	R	S	C	I	M	A	R	E	C	S	G	P	E
N	F	I	N	E	A	R	T	A	F	R	F	T	D
E	N	S	C	U	L	P	T	U	R	E	E	E	I
T	C	T	T	S	N	U	Y	D	A	I	L	E	T
N	G	I	S	E	D	C	I	H	P	A	R	G	L
P	S	I	L	L	U	S	T	R	A	T	I	O	N

- FINE ART
- TEXTILES
- FILM
- GRAPHIC DESIGN
- FASHION DESIGN
- ARCHITECTURE
- SCULPTURE
- SET DESIGN
- PRINTMAKING
- ILLUSTRATION
- PHOTOGRAPHY
- CERAMICS

Play this puzzle online at : <https://thewordsearch.com/puzzle/3511490/>





# PUZZLE ANSWERS



Riddle me this...

Ace

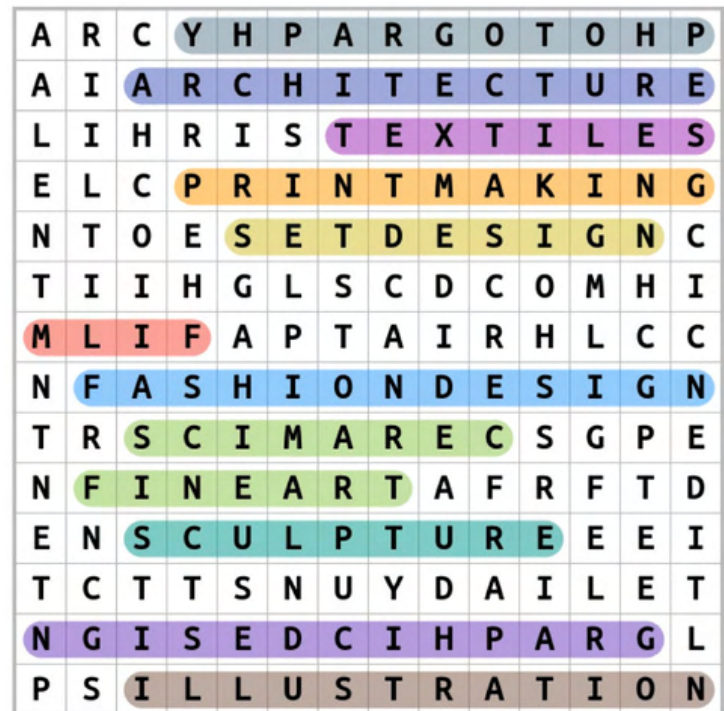
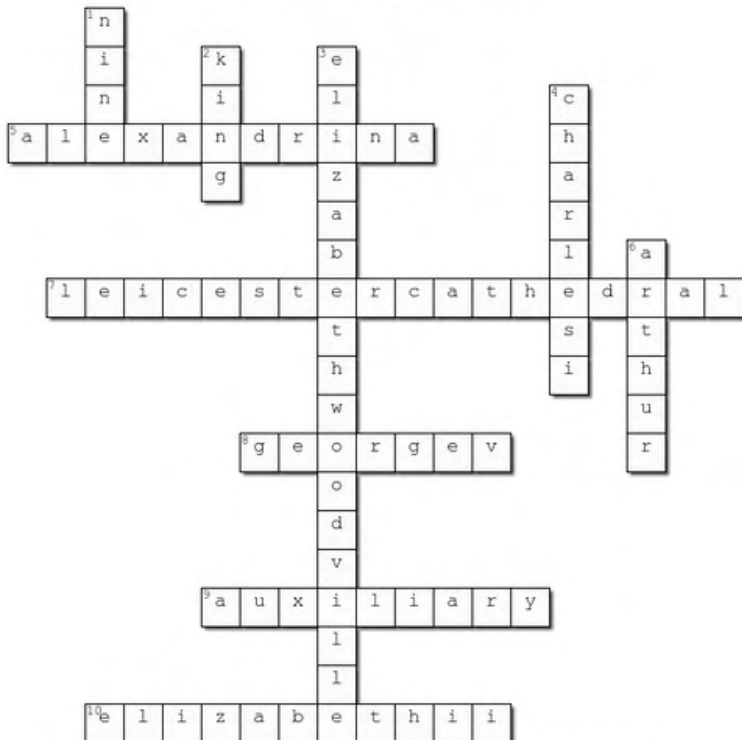


## ROYAL RESIDENCES



WINDSOR CASTLE  
 KENSINGTON PALACE  
 BAGSHOT PARK  
 SANDRINGHAM HOUSE  
 BUCKINGHAM PALACE

CLARENCE HOUSE  
 ST. JAMES'S PALACE  
 BALMORAL CASTLE  
 HIGHGROVE HOUSE  
 GATCOMBE PARK



ROCHESTER to CHATHAM

# ARTS TRAIL

A WALKING GUIDE TO GALLERIES

	Walking trail
	Pedestrians only
	Main Road
	Minor Road
	Buses Only
	Green Space
	River
	TIME/DISTANCE: 30 mins/1.5 miles

## GALLERY INFORMATION

### 1. THE HALPERN POP

at THE HALPERN CONSERVANCY BOARD BUILDING

15a High St, Rochester ME1 1PY

OPEN: Mon-Sun 10am-4pm

01634 812108 original@nucleusarts.co.uk

www.nucleusarts.com/halpern-pop

@thehalpernpop accessible • FREE entry

### 2. ROCHESTER ART GALLERY

at MEDWAY VISITOR INFORMATION CENTRE

95 High St, Rochester ME1 1LX

OPEN: Tues-Sat 10am-5pm

@rochesterartgallery accessible • FREE entry

### 3. STORE 104

104 High St, Rochester ME1 1JT

OPEN: Mon-Sat 10am-5pm, Sun 11am-4pm

01634 843881 hello@store104.co.uk

www.store104.co.uk

@store.104 • FREE entry

### 4. FRANCIS ILES GALLERIES

103 High St, Rochester ME1 1LX

OPEN: Mon-Sat 10am-5pm

01634 843222 gallery@francis-iles.com

www.francis-iles.com

@francis.iles.gallery • FREE entry

### 5. MEDWAY ADULT EDUCATION GALLERY

at JASPER'S COMMUNITY CAFÉ

Rochester Community Hub (above Rochester Library),  
High St, Rochester ME1 1EW. OPEN: Mon-Fri 9.30am-3.30pm

@medwayadulthood accessible • FREE entry

### 6. INTRA

337-341 High St, Rochester ME1 1DA

OPEN: Windows gallery viewable 24 hours 7 days a week  
Occasional exhibitions inside by appointment.

01634 753299 intraarts@gmail.com www.intraarts.org

@intraarts @intra\_arts accessible • FREE entry

### 7. THE GALLERY at NAKED PRODUCTS Co.

388 High St, Rochester ME1 1DJ

OPEN: Sun-Mon 10am-4pm, Tues-Sat 10am-6pm

01634 786061 www.naked-products.co.uk

@nakedproductsco • FREE entry

### 8. THE RIVERSIDE GALLERY at SUN PIER HOUSE

Medway St, Chatham ME4 4HF

\*Closed for refurbishment - reopening in 2022\*

01634 401 549 info@sunpierhouse.co.uk

www.sunpierhouse.co.uk

@SunPierHouse • FREE entry

### 9. THE HALPERN GALLERY at NUCLEUS ARTS CENTRE

272 High St, Chatham, ME4 4BP

OPEN: Mon-Sat 10am-4pm

01634 812108 original@nucleusarts.co.uk

www.nucleusarts.com/halpern-chatham

@thehalperngallery accessible • FREE entry



# SUPPORT



## MENTAL HEALTH SUPPORT

The following websites provide information on how to protect your mental health at this time. Click on the links to take you to the website:

- <https://www.bbc.co.uk/news/health-51873799>
- [https://www.newscientist.com/article/mg24632790-900-7-mental-health-expert-tips-on-how-to-cope-with-the-covid-19-pandemic/?fbclid=IwAR1mgtV9mZ2-binxmWcy-hr-oOU4k12K7SpUY2CeG7jmKkj\\_LVsYJO6DVs](https://www.newscientist.com/article/mg24632790-900-7-mental-health-expert-tips-on-how-to-cope-with-the-covid-19-pandemic/?fbclid=IwAR1mgtV9mZ2-binxmWcy-hr-oOU4k12K7SpUY2CeG7jmKkj_LVsYJO6DVs)
- <https://www.nhs.uk/oneyou/every-mind-matters/top-tips-to-improve-your-mental-wellbeing/>
- <https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-wellbeing/>
- <https://www.time-to-change.org.uk/coronavirus>



take care  
of your mind



## GENERAL SUPPORT THROUGH COVID-19

The following websites provide information for further support at this time, including access to food and accommodation. Click on the links to take you to the website:

- <https://www.gov.uk/find-coronavirus-support>
- <https://www.citizensadvice.org.uk/work/coronavirus-if-youre-self-employed/>
- <https://www.moneysavingexpert.com>
- <https://www.medway.gov.uk/coronavirussupport>